

# DOMESTIC, FAMILY AND SEXUAL VIOLENCE IN THE SECOND HALF OF LIFE:

## A RESOURCE MANUAL FOR CENTRAL VIRGINIA

*City of Richmond \* Chesterfield County \* Hanover County \* Henrico County*

<http://www.vcu.edu/vcoa/abuse.htm>



*Central Virginia Task Force on Older Battered Women  
Virginia Center on Aging, Virginia Commonwealth University*

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***Improving Our Community's Response to Domestic,  
Family and Sexual Violence in the Second Half of Life***

Revised February 2006

# Important Virginia Hotline Information

- ✓ Toll-free
- ✓ Confidential
- ✓ 24 hours per day



## Family Violence and Sexual Assault Virginia Hotline

1-800-838-8238  
(1-800-838-VADV)

All Virginians, including survivors of sexual assault or family violence, friends and family of survivors, and the professionals who serve them, can access the Hotline 24 hours a day. (Source: <http://www.vsdvalliance.org/>)



## Virginia Adult Protective Services Hotline

1-888-832-3858  
(1-888-83ADULT)

APS investigates reports of abuse, neglect, and exploitation of adults aged 60 and over and incapacitated adults over 18 years of age and provides services when persons are found to be in need of protective services. To report suspected financial exploitation or other kinds of abuse to the elderly or adults with a disability, call your local department of social services or the APS hotline. (Source: <http://www.dss.virginia.gov/family/aps.html>)

## How to Use This Directory

The purpose of this directory is to provide a practical tool for service providers and other professionals to use in their work with women aged 50 and older — women in the second half of life — who have experienced domestic, family or sexual violence.

While women aged 50 and older face many of the same challenges that younger abused women face when seeking help, their service needs may differ from those of younger women. Also, barriers to accessing services may be different or unique for women in the second half of life. This directory is an effort to improve the community response to this underserved population by providing links to a wide range of service providers and professionals in aging services, domestic violence programs, sexual assault services, adult protective services, law enforcement, the criminal justice system, and civil legal services.

We recognize that men may be victims of domestic, family or sexual violence, and some of the resources contained here may be pertinent to them. However, this directory focuses on women for several reasons. The majority of domestic, family and sexual violence victims are female. Women are more likely to face physical and potentially life-threatening situations when this violence takes place. Lastly, the domestic and sexual violence movement that has evolved over the last several decades has worked primarily with younger women. We seek to improve the response to older women so that their needs are more explicitly addressed in the existing service delivery system.

Directory contents include aging, domestic violence, law enforcement, criminal justice and civil legal services and resources to enhance the effectiveness of your community response to domestic, family, and sexual violence in the second half of life. Also included is information on local task forces and coalitions; regional, state, and national resources; and safety planning with older women and women with disabilities.

This directory represents the efforts of the Central Virginia Task Force on Older Battered Women, and contains information on the services and resources provided by organizations in the four jurisdictions served by the task force. It is not meant to be a comprehensive list of available services in the Central Virginia region.

To request additional copies or place a listing in this directory, or for information about the Central Virginia Task Force on Older Battered Women, please contact Aly Cooper, Project Coordinator at (804) 828-1525 or e-mail: [ajcooper@vcu.edu](mailto:ajcooper@vcu.edu)

# TABLE OF CONTENTS

Alphabetical Index .....	vi
<b><u>City of Richmond</u></b>	
Aging Services .....	3
Domestic Violence Programs .....	5
Law Enforcement.....	7
Legal Services.....	8
Healthcare Services.....	10
<b><u>Chesterfield County</u></b>	
Aging Services .....	13
Domestic Violence Programs .....	15
Law Enforcement.....	16
Legal Services.....	17
Healthcare Services.....	19
<b><u>Hanover County</u></b>	
Aging Services .....	22
Domestic Violence Programs .....	24
Law Enforcement.....	24
Legal Services.....	26
Healthcare Services.....	27
<b><u>Henrico County</u></b>	
Aging Services .....	30
Domestic Violence Programs .....	32
Law Enforcement.....	33
Legal Services.....	34
Healthcare Services.....	36
<b><u>Appendices</u></b>	
Regional and State Resources .....	39
Local and Regional Task Forces and Coalitions.....	46
National Domestic Violence and Elder Abuse Resources.....	47
Defining the Problem of Domestic Violence in Later Life.....	48
Safety Planning with Older Women and Women with Disabilities .....	52
Virginia Center on Aging Information Resource Center.....	55

# Alphabetical Index

Ashland Police Department, Investigations.....	24
Bon Secours Parish Nurse Network .....	10, 19, 28, 37
Catholic Diocese of Richmond / Ministry to Older Adults .....	40
Central Virginia Legal Aid Society .....	8, 17, 18, 26, 34
Chesterfield – Colonial Heights Department of Social Services .....	12
Chesterfield County Commonwealth Attorney’s Office .....	18
Chesterfield County Domestic and Sexual Violence Resource Center .....	15
Chesterfield County Office of the Senior Advocate .....	13, 14
Chesterfield County Police Department, Criminal Investigations Division .....	16
Chesterfield County Sheriff’s Department, Seniors in Touch Program .....	16
Chesterfield County Victim/Witness Assistance Program .....	18
Family Care Home Health, Inc.....	10, 19, 29, 37
Hanover County Commonwealth Attorney’s Office .....	27
Hanover County Sheriff’s Office, Investigations .....	26
Hanover County Sheriff’s Office, TRIAD Program.....	26
Hanover County Victim/Witness Assistance Program .....	28
Hanover Department of Social Services.....	23
Hanover Safe Place.....	25
Henrico County Commonwealth Attorney’s Office .....	36
Henrico County Department of Social Services .....	31
Henrico County Division of Police, Violent Crimes Special Victims Unit.....	34
Henrico County Sheriff’s Department, TRIAD Representative .....	34
Henrico County Victim/Witness Assistance Program .....	35
Office of the State Long-Term Care Ombudsman.....	9
Richmond Commonwealth Attorney’s Office.....	9
Richmond Department of Social Services, Adult Protective Services .....	3
Richmond Department of Social Services, Family Violence Prevention Program.....	5
Richmond Department of Social Services, Second Responders Unit.....	5
Richmond Police Department, Youth and Family Crimes Domestic Violence Unit.....	7
Richmond Sheriff’s Office, Community Relations .....	7
Richmond Victim/Witness Assistance Program.....	9
Safe Harbor.....	33
Senior Connections, The Capital Area Agency on Aging .....	3, 4, 14, 15, 22, 23, 30, 31
SeniorNavigator.Com .....	40
St. Mary’s Hospital Forensic Nurse Examiners Program.....	36
Thompson and McMullan, Attorneys at Law .....	9
Virginia Association of Area Agencies on Aging .....	41
Virginia Center on Aging .....	42
Virginia Coalition for the Prevention of Elder Abuse .....	43
VCU Department of Occupational Therapy .....	43
VCU Health System Forensic Nurse Examiners Program .....	11, 20, 29, 38
VCU Police Department.....	8
VCU School of Social Work/VISSTA .....	44
Virginia Department for the Aging .....	45
Virginia Department of Health.....	46
Virginia Department of Social Services .....	47
Virginia Poverty Law Center.....	48
Virginia Sexual and Domestic Violence Action Alliance .....	48
YWCA of Richmond, Women’s Advocacy Program.....	6
YWCA of Richmond, Women’s Advocacy Program in Chesterfield .....	16

# Central Virginia Task Force on Older Battered Women

## Mission

The Central Virginia Task Force on Older Battered Women (OBW Task Force) is a local partnership of organizations working to raise awareness and improve the community response to women aged 50 and older who experience domestic, sexual or family violence.

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### **Our purposes include:**

- ❖ Increasing awareness of the prevalence of domestic, sexual and family violence in the lives of women aged 50 and older
- ❖ Providing a forum for resource sharing and interaction among service providers and agencies
- ❖ Promoting cross training and collaboration among service providers and agencies
- ❖ Supporting and recommending policy and program initiatives to address the needs of this underserved population
- ❖ Seeking funding to provide training, outreach and services to address the needs of this underserved population
- ❖ Promoting evaluation and research to assess the impact of training, outreach and services

## Defining the problem

### **The OBW Task Force uses the following definitions:**

- ❖ **Domestic violence** is a pattern of abusive behaviors used by an individual to maintain power and control over another individual in the context of an intimate relationship.
- ❖ **Family violence** is a pattern of abusive behaviors used by an individual to maintain power and control over another individual in the context of a family relationship (e.g., spouse, partner, adult child or grandchild, other family member).
- ❖ **Sexual violence** includes sexual assaults committed by offenders who are strangers to the victim/survivor and assaults committed by offenders who are known to, related by blood or marriage to, or in a dating relationship with the victim (Virginia Department of Criminal Justice Services).

**We define domestic/sexual/family violence in the second half of life as occurring to persons aged 50 or older.**

**City of**  
**Richmond**

# City of Richmond

## Aging Services

### **Richmond Department of Social Services, Adult Protective Services**

Contact Person: Thom Butcher, Adult Protective Service Supervisor  
(804) 646-7516

#### Contact Information:

Email: butchebt@ci.richmond.va.us  
Phone: (804) 646-7405 (Intake Number)  
Fax: (804) 646-7018  
Address: 900 East Marshall Street  
Richmond, VA 23219-1583

Services: Adult Protective Services (APS) includes the receipt and investigation of reports that an adult is being abused, neglected, or exploited. Services include the provision of a wide variety of health, housing, social, and legal remedies to stop the abuse and prevent further mistreatment. APS is also authorized to intervene legally to provide essential protection to persons who are in dangerous situations and lack the capacity to consent to services.

### **Senior Connections – The Capital Area Agency on Aging**

Contact Person: Betty Wilton, Richmond Care Coordinator  
(804) 343-3043

#### Contact Information:

Email: bwilton@youraaa.org  
Phone: (804) 343-3000 (Intake Number)  
Fax: (804) 649-2258  
Address: 24 East Cary Street,  
Richmond VA 23219

Website: [www.seniorconnections-va.org](http://www.seniorconnections-va.org)

# City of Richmond

## Senior Connections – The Capital Area Agency on Aging, *continued*

- Services:
- Care Coordination** – Information, referral, advocacy, case management, and individualized coordination of services for seniors aged 60 and older.
  - Long-Term Care Ombudsman** – advocate for seniors who receive long-term care services, providing information, referrals, and counseling regarding resident rights. Investigate and resolve complaints about nursing homes, adult care facilities, and home health care services.
  - Medication Assistance/Pharmacy Connection**: Provides access to drug assistance programs for free or discounted medications from pharmaceutical companies.
  - Foster Grandparent Program**- Volunteers age 60 and older serve as tutors and mentors for children with special needs. Foster Grandparents serve a minimum of 20 hours per week in youth organizations such as school and day care centers.
  - Friendship Cafes**- Seniors receive a nutritious well balanced meal in various locations throughout the community and opportunities for socialization, recreation, exercise and information exchange as well as health education and screenings.
  - Volunteer Money Management** – Volunteers trained and supervised by staff assist persons aged 50 and older who need assistance managing their finances.
  - Virginia Insurance Counseling and Assistance Project (VICAP)** – Trained volunteers counsel seniors on health and long-term care insurance, Medicaid, Medicare HMOs, and Medicare supplemental insurance.
  - Senior Employment** – The Senior Community Service Employment Program provides part-time employment opportunities in community service work to assist economically disadvantaged seniors 55 and older. The Job Referral File provides seniors 60 and older with a resource that will place job seekers in available positions.
  - Emergency Services and Financial Assistance** – Provide one-time financial assistance grants to help seniors in crisis who may have trouble covering living expenses such as heating and cooling bills, utilities, and prescription medication costs.
  - Home Delivered Meals** – Meals are delivered to the homes of vulnerable seniors who are living alone, below or near the poverty level, and have significant health conditions or physical or mental impairments.
- Eligibility: Unless otherwise noted, most Senior Connections programs serve seniors aged 60 and older who live in the City of Richmond and counties of Chesterfield, Hanover, Henrico, Goochland, Powhatan, Charles City, and New Kent.

# City of Richmond

## Domestic Violence Services

### **Richmond Department of Social Services: Family Violence Prevention Program**

Contact Person: Joanne Robertson, Supervisor

#### Contact Information:

Phone: (804) 646-7183  
Fax: (804) 646-7018  
Address: 900 East Marshall Street,  
Richmond, Virginia 23219-1538

**Services:** The Family Violence Prevention Program (FVPP) provides information about family violence to victims referred by the Richmond Police Department, Juvenile and Domestic Relations Court or through self-referrals in an effort to aid them in recognizing the problem and how to prevent further incidents. Victims are assisted with filing for protective orders, referred to counseling and support groups and referred to the YWCA Women's Advocacy Program. The FVPP refers victims to emergency shelters, provides information regarding available housing resources, conducts safety plans with victims, works with victims to ensure their safety, and accompanies/transport victims to court and other related appointments as needed.

### **Richmond Department of Social Services: Second Responders Unit**

Contact Person: Lynn Anderson, Supervisor

#### Contact Information:

Email: anderslp@ci.richmond.va.us  
Phone: (804) 646-3427  
Fax: (804) 646-3987  
Address: 900 East Marshall, Richmond, VA 23219

**Services:** Second Responders are social workers who partner with the Richmond Police Department to respond to the needs of citizens experiencing crises at times other than during Richmond DSS business hours. The unit responds to any call when dispatched by 911 operators, when requested by police officers at a scene, or when citizens contact the unit directly. Second Responders conduct interviews and do assessments to determine what services are needed, referring clients to Richmond DSS or outside agencies as appropriate.

# City of Richmond

## **YWCA of Richmond, Women's Advocacy Program**

Contact Person: Diane Atkins, Director of Family Services  
(804) 358-4738  
datkins@ywcarichmond.org

Melinda Spivey, Director of Sexual Assault Services  
(804) 643-6761, Extension 120  
mspivey@ywcarichmond.org

### Contact Information:

#### Richmond Metropolitan Area

Hotline: (804) 643-0888 (24-hour hotline)  
Phone: (804) 355-7463  
Fax: (804) 355-6678

#### Chesterfield, Tri-Cities

Hotline: (804) 796-3066 (24-hour hotline)  
Phone: (804) 590-2290  
Fax: (804) 590-2971

#### Administrative Offices

Phone: (804) 643-6761  
Address: 6 N. 5<sup>th</sup> Street,  
Richmond, Virginia 23219  
Website: [www.ywcarichmond.org](http://www.ywcarichmond.org)

Services: Offers two 24-hour hotlines for emergency assistance, crisis counseling, and information and referral. Provides crisis intervention and counseling, support groups, emergency transportation, and emergency cell phones for victims and survivors of domestic violence and sexual assault. The YWCA also provides emergency shelter for women and women with children at two confidentially located domestic violence shelters.

# City of Richmond

## Law Enforcement

### **Richmond Police Department, Youth and Family Crimes Domestic Violence Unit**

Contact Person: Detective William H. Lightfoot

#### Contact Information:

Email: lightfootwh@ci.richmond.va.us  
Phone: Office: (804) 646-6764  
Direct Line: (804) 646-7076  
Fax: (804) 646-5159  
Address: 200 West Grace Street,  
Richmond, VA 23220

Services: Investigation and court accompaniment in felony cases; domestic violence training and resource materials, including case studies; and investigative contacts and information about court procedures and protective orders.

### **Richmond Sheriff's Office, Community Relations**

Contact Person: Deputy John Oast, Community Relations/Human Appointee Service

#### Contact Information:

Email: oastjtk@ci.richmond.va.us  
Phone: (804) 646-0911  
Fax: (804) 646-7856  
Address: Richmond City Jail  
1701 Fairfield Way  
Richmond, VA 23223

Services: Coordinates *Are You Okay?* Program through Richmond TRIAD. *Are You Okay?* is an outreach program in which sheriff's deputies visit homebound seniors, persons with disabilities and other at-risk seniors once a week in their homes. Richmond TRIAD is a partnership of the Richmond Sheriff's Department, Richmond Police Department, senior organizations, and concerned senior citizens committed to reducing crimes against older individuals and improving their quality of life. Also provide training to senior organizations addressing such issues as crime and fraud prevention.

# City of Richmond

## Virginia Commonwealth University Police Department

Contact Person: Sergeant Barbara Walker

### Contact Information:

Email: [bjwalker@vcu.edu](mailto:bjwalker@vcu.edu)  
Phone: (804) 828-3907  
Fax: (804) 827-0558  
Address: 940 West Grace Street  
P.O. Box 842024  
Richmond, VA 23284

Services: Law enforcement training; technical expertise and training around issues of domestic violence, elder abuse, and sexual assault.

## Legal Services

### Central Virginia Legal Aid Society (CVLAS)

Contact Person: Marilyn Goss, Managing Attorney, Domestic Violence Unit  
Anne Stambaugh, Legal Assistant, Domestic Violence Unit  
Lily Patel, - Attorney, Elder Law Unit  
Natasha Winston, Legal Assistant, Elder Law Unit

### Contact Information:

Phone: (804) 648-1012 or (800) 868-1012  
Fax: (804) 649-8794  
Address: 101 West Broad Street, Suite 101  
P.O. Box 12206  
Richmond, VA 23241

Website: [www.cvlas.org](http://www.cvlas.org)

Services: CVLAS provides legal assistance in the areas of family law, elder law, employment and civil rights, disability and public benefits law, consumer law and housing law. Low-income individuals or seniors needing assistance in these civil matters are provided advice and/or representation by staff attorneys or volunteer private attorneys. **Domestic Violence Unit** provides free legal representation and/or legal advice to eligible clients of domestic violence, stalking, and sexual assault to obtain, modify, and/or enforce civil protective orders and represents, and/or advises eligible clients in cases involving spousal support, divorce, and other civil matters. **Elder Law Unit** – provides legal representation to eligible clients 60 and older in the areas of Guardianship, Powers of Attorney, Social Security, Medicaid and Medicare, as well as consumer law and housing law.

# City of Richmond

## **City of Richmond Commonwealth Attorney's Office**

Contact Person: Mary E. Langer, Deputy Commonwealth's Attorney

### Contact Information:

Email: langerme@ci.richmond.va.us  
Phone: (804) 646-2949  
Fax: (804) 646-0506  
Address: John Marshall Courts Building  
400 North 9<sup>th</sup> Street  
Richmond, VA 23219

Services: Prosecution of domestic violence, sexual assault, and elder abuse cases. Provide training to local law enforcement and domestic violence advocacy organizations.

## **City of Richmond Victim/Witness Assistance Program**

Contact Person: Michon Moon, Director

### Contact Information:

Phone: (804) 646-7665  
Fax: (804) 646-0506  
Address: John Marshall Courts Building  
400 North 9<sup>th</sup> Street  
Richmond, VA 23219

Services: Provides crime victims and witnesses with assistance in dealing with the complexities of the criminal justice system. Staff members advise victims of their rights, update victims on the status of their cases, provide court accompaniment, and link victims with available resources.

## **Thompson and McMullan, Attorneys at Law**

Contact Person: Paul Izzo, Elder Law Attorney

### Contact Information:

Email: pgizzo@t-mlaw.com  
  
Phone: (804) 698-6237  
Address: 4720 West Grace Street  
Richmond, VA 23230

Services: Elder law practice to include estate planning for incapacity and long-term care, appointment of guardians and conservators for incapacitated adults, and nursing home residents' rights.

# City of Richmond

## Healthcare Services

### **Bon Secours Parish Nurse Network**

Contact Person: Yolonda Thompson, Director  
Parish Nursing and Community Education

#### Contact Information:

Email: yolonda\_thompson@bshsi.com  
Phone: (804) 225-1791  
Fax: (804) 225-1772  
Address: Bon Secours Richmond Community Hospital  
1500 North 28<sup>th</sup> Street  
Richmond, VA 23223

Services: The Parish Nurse Network is an outreach program to foster a partnership between Bon Secours Richmond Health System and local congregations. Parish nurses coordinate available resources in the congregation and community, serving as health educators to provide information through health screenings, health fairs, and newsletters; health counselors to make home, hospital, and nursing home visits; and referral sources to act as liaison to community resources and services.

### **Family Care Home Health, Incorporated**

Contact Person: Bonnie Gordon, Administrator

#### Contact Information:

Email: bonnie@familycareinc.net  
Phone: (804) 288-2111  
Fax: (804) 288-2160  
Address: 5001 West Broad Street, Suite 302  
Richmond, VA 23230

Services: Skilled nursing, therapists, home health aides, facility staffing and Certified CNA School.

# City of Richmond

## **Virginia Commonwealth University Health System Forensic Nurse Examiners Program**

Contact Person: Susan Carson, RN, FNE, Coordinator  
Jean Cheek, RN, FNE, Co-Coordinator

### Contact Information:

Phone: (804) 628-0623  
Fax: (804) 828-2203  
Address: P.O. Box 980401  
Richmond, VA 23298-0401

Services: Provides domestic violence, sexual assault, and elder abuse exams in the emergency room. Exams include history and physical, x-rays, medications, physical examination. Provides forensic documentation of injuries for all forensic patients, including forensic digital photography. Assists with locating other services and providing information, referrals, and resources to forensic patients.

# **Chesterfield County**

# Chesterfield County

## Aging Services

### **Chesterfield-Colonial Heights Department of Social Services**

Contact Person: Karen Kirby, Supervisor  
Family Assessment and Adult Services(FAAST)

#### Contact Information:

Hotline: (888) 832-3858  
E-mail [kirbyk@chesterfield.gov](mailto:kirbyk@chesterfield.gov)  
Phone: (804) 748-1185  
Fax: (804) 717-6566  
Address: P.O. Box 430  
Chesterfield, VA 23832

Services: **Adult Protective Services:** Provides investigative services to individuals aged 60 and older and incapacitated persons aged 18 and older who are at risk or alleged to be abused, neglected or exploited. On-going APS assistance is provided to those individuals who are in need of protective services as a result of an APS investigation.  
**Adult Assessments:** Assessments are provided for individuals aged 60 and older and incapacitated persons aged 18 and older when supportive services and resource referrals are needed to resolve an immediate crisis.  
**Emergency Needs:** Assistance is available for needs such as clothing, food, medication, eyeglasses, shelter, rent and utilities.  
**Pre-Admission Screenings:** These screenings are offered for nursing home placements, community-based care, adult day care, and adult respite care.

### **Chesterfield County Office of the Senior Advocate**

Contact Person: Diane Peterson, Senior Advocate

#### Contact Information:

Email: [petersond@chesterfield.gov](mailto:petersond@chesterfield.gov)  
Phone: (804) 768-7878  
Fax: (804) 748-7915  
Address: 7000 Lucy Corr Boulevard  
P.O. Box 520  
Chesterfield, VA 23832-0040

# Chesterfield County

## Chesterfield County Office of the Senior Advocate, *continued*

Services: Provides leadership and direction within Chesterfield County to meet the needs of an aging population. The Senior Advocate's Office provides information and referrals to services and resources related to aging; promotes and coordinates services and resources to older adults; and advocates for older adults at the local, state, and national level.

### Senior Connections – The Capital Area Agency on Aging

Contact: Ginny Bell, Chesterfield County Care Coordinator  
(804) 748-1133

#### Contact Information:

Email: [gbell@youraaa.org](mailto:gbell@youraaa.org)  
Phone: (804) 343-3000 (Intake Number)  
Fax: (804) 778-7547  
Address: P.O. Box 170  
Chesterfield, VA 23832  
Website: [www.seniorconnections-va.org](http://www.seniorconnections-va.org)

Services: **Care Coordination** – Information, referral, advocacy, case management, and individualized coordination of services for seniors aged 60 and older.  
**Long-Term Care Ombudsman** – advocate for seniors who receive long-term care services, providing information, referrals, and counseling regarding resident rights. Investigate and resolve complaints about nursing homes, adult care facilities, and home health care services.  
**Short-Term Homecare** – Senior Connections contracts with home care agencies to provide up to 80 hours of in-home care to seniors who need assistance with activities of daily living such as bathing and dressing.  
**Volunteer Money Management** – Volunteers trained and supervised by staff assist persons aged 50 and older who need assistance managing their finances.  
**Virginia Insurance Counseling and Assistance Project (VICAP)**– Trained volunteers counsel seniors on health and long-term care insurance, Medicaid, Medicare HMOs, and Medicare supplemental insurance.  
**Senior Employment** – The Senior Community Service Employment Program provides part-time employment opportunities in community service work to assist economically disadvantaged seniors 55 and older. The Job Referral File provides seniors 60 and older with a resource that will place job seekers in available positions.  
**Emergency Services and Financial Assistance** – Provide one-time

# Chesterfield County

## Senior Connections – The Capital Area Agency on Aging, *continued*

financial assistance grants to help seniors in crisis who may have trouble covering living expenses such as heating and cooling bills, utilities, and prescription medication costs.

Home Delivered Meals – Meals are delivered to the homes of vulnerable seniors who are living alone, below or near the poverty level, and have significant health conditions or physical or mental impairments.

Eligibility: Unless otherwise noted, most Senior Connections programs serve seniors aged 60 and older who live in the City of Richmond and counties of Chesterfield, Hanover, Henrico, Goochland, Powhatan, Charles City, and New Kent.

## Domestic Violence Services

### **Chesterfield County Domestic and Sexual Violence Resource Center**

Contact Person: Patricia Jones-Turner, Coordinator  
(804) 706-1272

Courtney O'Hara, Victim Services  
(804) 706-1264

Daniel Bunn, Hispanic-Latino/Immigrant community liaison  
(804) 717-2250 ext-1294

#### Contact Information:

Phone: (804) 706-1272  
Fax: (804) 717-2275  
Address: 10111 Krause Road, Suite 100  
PO Box 40  
Chesterfield, Virginia 23832

Services: Services are offered in English and Spanish. Services include: systems advocacy, safety planning, court accompaniment, legal advocacy, assistance with protective order petitions, individual counseling, educational groups for victims, crisis intervention, information and referral, data collection, food cupboard program, emergency cell phones, policy and protocol development, training, technical assistance and case consultation, and community education, awareness, and outreach.

# Chesterfield County

## **YWCA of Richmond, Women’s Advocacy Program in Chesterfield**

Contact Person: Allison Kerr, Chesterfield shelter director

### Contact Information:

Hotline: (804) 796-3066 (24-hour hotline)

Phone:

Fax: (804) 590-2971

Website: [www.ywcarichmond.org](http://www.ywcarichmond.org)

Services: Offers two 24-hour hotlines for emergency assistance, crisis counseling, and information and referral. Provides crisis intervention and counseling, support groups, emergency transportation, and emergency cell phones for victims and survivors of domestic violence and sexual assault. The YWCA also provides emergency shelter for women and women with children at two confidentially located domestic violence shelters

## **Law Enforcement**

### **Chesterfield County Police Department, Criminal Investigations Division**

Contact Person: Sharon Lindsay, Domestic Violence Coordinator

### Contact Information:

Email: [lindsays@chesterfield.gov](mailto:lindsays@chesterfield.gov)

Phone: (804) 751-4113

Fax: (804) 748-1521

Address: P.O. Box 148  
Chesterfield, VA 23832

Services: Conducts safety planning with victims and provides 911 cell phones. Links victims with available resources in the community and provides victim and criminal justice advocacy. Conducts domestic violence training with law enforcement and represents Chesterfield Police Department on the Chesterfield Domestic Violence Task Force. Services are available to all victims residing in Chesterfield County or who were abused in Chesterfield.

# Chesterfield County

## **Chesterfield County Sheriff's Department, Seniors in Touch Program**

Contact Person: Major Dave Hutton

### Contact Information:

Phone: (804) 751-4419  
Address: P.O. Box 7  
Chesterfield, VA 23832

Services: *Seniors in Touch* is a TRIAD outreach program available to homebound seniors and persons with disabilities who are visited weekly by a TRIAD representative. Chesterfield TRIAD is a partnership among the Chesterfield Sheriff's Office, Chesterfield Police Department, senior organizations and agencies, and concerned community citizens committed to reducing crime and improving the quality of life for older individuals. Chesterfield TRIAD educates seniors on programs, services, and techniques for crime prevention and offers other educational programs to include fraud prevention, personal safety, home security, and Neighborhood Watch.

## **Legal Services**

### **Central Virginia Legal Aid Society (CVLAS)**

Contact Person: Marilyn Goss, Managing Attorney, Domestic Violence Unit  
Anne Stambaugh, Legal Assistant, Domestic Violence Unit  
Lily Patel, - Attorney, Elder Law Unit  
Natasha Winston, Legal Assistant, Elder Law Unit

### Contact Information:

Phone: (804) 648-1012 or (800) 868-1012  
Fax: (804) 649-8794  
Address: 101 West Broad Street, Suite 101  
P.O. Box 12206  
Richmond, VA 23241  
Website: [www.cvlas.org](http://www.cvlas.org)

Services: CVLAS provides legal assistance in the areas of family law, elder law, employment and civil rights, disability and public benefits law, consumer law and housing law. Low-income individuals or seniors needing assistance in these civil matters are provided advice and/or representation by staff attorneys or volunteer private attorneys.

# Chesterfield County

## Central Virginia Legal Aid Society (CVLAS), *continued*

**Domestic Violence Unit** – provides free legal representation and/or legal advice to eligible clients of domestic violence, stalking, and sexual assault to obtain, modify, and/or enforce civil protective orders and represents, and/or advises eligible clients in cases involving spousal support, divorce, and other civil matters.

**Elder Law Unit** – provides legal representation to eligible clients 60 and older in the areas of Guardianship, Powers of Attorney, Social Security, Medicaid and Medicare, as well as consumer law and housing law.

### **Chesterfield County Commonwealth Attorney's Office, Domestic Violence Unit**

Contact Person: Beth Smyers, Assistant Commonwealth Attorney

#### Contact Information:

Email: smyersb@chesterfield.gov  
Phone: (804) 748-1341  
Fax: (804) 717-6275  
Address: 9500 Courthouse Road  
P.O. Box 25  
Chesterfield, VA 23832

Services: Prosecution of domestic violence, sexual assault, and stalking cases. Provides training to local law enforcement and domestic violence advocacy organizations.

### **Chesterfield County Victim/Witness Assistance Program, Domestic Violence Unit**

Contact Person: Marcia Carr, Assistant Director (Domestic Violence)

#### Contact Information:

Phone: (804) 717-6179  
Fax: (804) 717-6275  
Address: 7000 Lucy Corr Boulevard  
P.O. Box 554  
Chesterfield, VA 23832

Services: Provides assistance to victims and witnesses in navigating the judicial system, including court accompaniment, and referrals to agencies for counseling or community services.

# Chesterfield County

## Healthcare Services

### **Bon Secours Parish Nurse Network**

Contact Person: Yolonda Thompson, Director  
Parish Nursing and Community Education

#### Contact Information:

Email: [yolonda\\_thompson@bshsi.com](mailto:yolonda_thompson@bshsi.com)  
Phone: (804) 225-1791  
Fax: (804) 225-1772  
Address: Bon Secours Richmond Community Hospital  
1500 North 28<sup>th</sup> Street  
Richmond, VA 23223

Services: The Parish Nurse Network is an outreach program to foster a partnership between Bon Secours Richmond Health System and local congregations. Parish nurses coordinate available resources in the congregation and community, serving as health educators to provide information through health screenings, health fairs, and newsletters; health counselors to make home, hospital, and nursing home visits; and referral sources to act as liaison to community resources and services.

### **Family Care Home Health, Incorporated**

Contact Person: Bonnie Gordon, Administrator

#### Contact Information:

Email: [bonnie@familycareinc.net](mailto:bonnie@familycareinc.net)  
Phone: (804) 288-2111  
Fax: (804) 288-2160  
Address: 5001 West Broad Street, Suite 302  
Richmond, VA 23230

Services: Skilled nursing, therapists, home health aides, facility staffing and Certified CNA School.

# Chesterfield County

## **Virginia Commonwealth University Health System Forensic Nurse Examiners Program**

Contact Person: Susan Carson, RN, FNE, Coordinator  
Jean Cheek, RN, FNE, Co-Coordinator

### Contact Information:

Phone: (804) 628-0623  
Fax: (804) 828-2203  
Address: P.O. Box 980401  
Richmond, VA 23298-0401

Services: Provides domestic violence, sexual assault, and elder abuse exams in the emergency room. Exams include history and physical, x-rays, medications, physical examination. Provides forensic documentation of injuries for all forensic patients, including forensic digital photography. Assists with locating other services and providing information, referrals, and resources to forensic patients.

**Hanover**

**County**

# Hanover County

## Aging Services

### Hanover Department of Social Services

Contact Person: Jim Bisiar, Social Worker  
Adult Services Unit

Contact Information:

Email: jab085@central.dss.state.va.us  
Hotline: (888) 832-3858  
Phone: (804) 365-4107  
Address: 12304 Washington Highway  
Ashland, VA 23005

Services:

**Adult Protective Services:** Provides investigative services to individuals aged 60 and older and incapacitated persons aged 18 and older who are at risk or alleged to be abused, neglected or exploited. On-going APS assistance is provided to those individuals who are in need of protective services as a result of an APS investigation.

**Adult Assessments:** Assessments are provided for individuals aged 60 and older and incapacitated persons aged 18 and older when supportive services and resource referrals are needed to resolve an immediate crisis.

**Emergency Needs:** Assistance is available for needs such as clothing, food, medication, eyeglasses, shelter, rent and utilities.

**Pre-Admission Screenings:** These screenings are offered for nursing home placements, community-based care, adult day care, adult respite care and Assisted Living Facility Care.

### Senior Connections/The Capital Area Agency On Aging

Contact Person: Jo Norton, Hanover County Care Coordinator

Contact Information:

Email: mnorton@youraaa.org  
Phone: (804) 569-0441  
Fax: (804) 746-5152  
Address: 7284B Hanover Green Drive  
Mechanicsville, VA 23111  
Website: [www.seniorconnections-va.org](http://www.seniorconnections-va.org)

# Hanover County

## Senior Connections, *continued*

Services: Care Coordination – Information, referral, advocacy, case management, and individualized coordination of services for seniors aged 60 and older.

Long-Term Care Ombudsman – advocate for seniors who receive long-term care services, providing information, referrals, and counseling regarding resident rights. Investigate and resolve complaints about nursing homes, adult care facilities, and home health care services.

Short-Term Homecare – Senior Connections contracts with home care agencies to provide up to 80 hours of in-home care to seniors who need assistance with activities of daily living such as bathing and dressing.

Volunteer Money Management – Volunteers trained and supervised by staff assist persons aged 50 and older who need assistance managing their finances.

Virginia Insurance Counseling and Assistance Project (VICAP)– Trained volunteers counsel seniors on health and long-term care insurance, Medicaid, Medicare HMOs, and Medicare supplemental insurance.

Senior Employment – The Senior Community Service Employment Program provides part-time employment opportunities in community service work to assist economically disadvantaged seniors 55 and older. The Job Referral File provides seniors 60 and older with a resource that will place job seekers in available positions.

Emergency Services and Financial Assistance – Provide one-time financial assistance grants to help seniors in crisis who may have trouble covering living expenses such as heating and cooling bills, utilities, and prescription medication costs.

Home Delivered Meals – Meals are delivered to the homes of vulnerable seniors who are living alone, below or near the poverty level, and have significant health conditions or physical or mental impairments.

Eligibility: Unless otherwise noted, most Senior Connections programs serve seniors aged 60 and older who live in the City of Richmond and counties of Chesterfield, Hanover, Henrico, Goochland, Powhatan, Charles City, and New Kent.

# Hanover County

## Domestic Violence Services

### **Hanover Safe Place**

Contact Information: Ms. Sherree Hedrick, Director

Hotline: (804) 752-2702  
Email: [vpmhsp@gmail.com](mailto:vpmhsp@gmail.com)  
Phone: (804) 752-2728  
Fax: (804) 752-2738  
Address: 629A North Washington Highway  
Ashland, VA 23005

Services: Offers safety planning, individual and crisis counseling, support groups, court advocacy, financial assistance, emergency cell phones, information and referral, emergency transportation, emergency shelter, and scholarships for victims and survivors, children and teen services.

Eligibility: Victims and survivors of domestic violence, regardless of age or income

## Law Enforcement

### **Ashland Police Department, Investigations**

Contact Person: Detective Matt Hileman

Contact Information:

Email: [matthileman@town.ashland.va.us](mailto:matthileman@town.ashland.va.us)  
Phone: (804) 798-1227  
Fax: (804) 798-8739  
Address: P.O. Box 1600  
Ashland, VA 23005

Services: Investigation and assistance with prosecution of domestic violence, sexual assault, and elder abuse cases in Ashland.

# Hanover County

## Law Enforcement

### **Hanover County Sheriff's Office, General Investigation Section**

Contact Person: Investigator Chris Davis, Domestic Violence Investigator

Contact Information:

Office Phone: (804) 365-6397  
Pager: (804) 365-6397  
Address: 7522 County Complex Road  
Hanover, VA 23069

Services: Investigates domestic violence, sexual assault, and elder abuse cases in Hanover County. Trains law enforcement academies on domestic violence issues.

### **Hanover County Sheriff's Office, TRIAD Program**

Contact Person: J.P. McLaughlin Crime Prevention Specialist

Contact Information:

Phone: (804) 537-6335  
Address: P.O. Box 40  
Hanover, VA 23069

Services: Hanover/Ashland TRIAD provides an outreach program available to homebound seniors and persons with disabilities who are visited weekly by a Sheriff's deputy. Hanover/Ashland TRIAD is a partnership among the Hanover Sheriff's Office, Ashland Police Department, senior organizations and agencies, and concerned community citizens committed to reducing crime and improving the quality of life for older individuals.

# Hanover County

## Legal Services

### **Central Virginia Legal Aid Society (CVLAS)**

Contact Person: Marilyn Goss, Managing Attorney, Domestic Violence Unit  
Anne Stambaugh, Legal Assistant, Domestic Violence Unit  
Lily Patel, - Attorney, Elder Law Unit  
Natasha Winston, Legal Assistant, Elder Law Unit

#### Contact Information:

Phone: (804) 648-1012 or (800) 868-1012  
Fax: (804) 649-8794  
Address: 101 West Broad Street, Suite 101  
P.O. Box 12206  
Richmond, VA 23241  
Website: [www.cvlas.org](http://www.cvlas.org)

Services: CVLAS provides legal assistance in the areas of family law, elder law, employment and civil rights, disability and public benefits law, consumer law and housing law. Low-income individuals or seniors needing assistance in these civil matters are provided advice and/or representation by staff attorneys or volunteer private attorneys.

**Domestic Violence Unit** – provides free legal representation and/or legal advice to eligible clients of domestic violence, stalking, and sexual assault to obtain, modify, and/or enforce civil protective orders and represents, and/or advises eligible clients in cases involving spousal support, divorce, and other civil matters.

**Elder Law Unit** – provides legal representation to eligible clients 60 and older in the areas of Guardianship, Powers of Attorney, Social Security, Medicaid and Medicare, as well as consumer law and housing law.

### **Hanover County Commonwealth Attorney's Office**

Contact Person: Pat Bell, Assistant Commonwealth Attorney

#### Contact Information:

Phone: (804) 365-6185  
Address: P.O. Box 470  
Hanover, VA 23069

Services: Prosecution of domestic violence, sexual assault, and elder abuse cases.

# Hanover County

## **Hanover County Victim/Witness Assistance Program**

Contact Person: Lindsay Williams, Director

### Contact Information:

Email: [lgwilliams@co.hanover.va.us](mailto:lgwilliams@co.hanover.va.us)

Phone: (804) 365-6068

Fax: (804) 365-6295

Address: P.O. Box 470  
Hanover, VA 23069

Services: Provides assistance to victims and witnesses in navigating the judicial system, including court accompaniment, assisting in obtaining court-ordered restitution, and referrals to agencies for counseling or community services.

## **Healthcare Services**

### **Bon Secours Parish /Safe Community Nurses**

Contact Person: Yolonda Thompson, Director Parish Nursing/SafeCommunity and Community Education

### Contact Information:

Email: [yolonda\\_thompson@bshsi.com](mailto:yolonda_thompson@bshsi.com)

Phone: (804) 627-5565

Fax: (804) 627-5012

Address: 8580 Magellan Parkway  
Richmond VA, 23227

Services: The Parish Nurse/Safe Community is an outreach program to foster a partnership between Bon Secours Richmond Health System and local congregations. Parish nurses coordinate available resources in the congregation and community, serving as health educators to provide information through health screenings, health fairs, and newsletters; health counselors to make home, hospital, and nursing home visits; and referral sources to act as liaison to community resources and services.

# Hanover County

## Healthcare Services

### **Family Care Home Health, Incorporated**

Contact Person: Bonnie Gordon, Administrator

Contact Information:

Email: [bonnie@familycareinc.net](mailto:bonnie@familycareinc.net)  
Phone: (804) 288-2111  
Fax: (804) 288-2160  
Address: 5001 West Broad Street, Suite 302  
Richmond, VA 23230

Services: Skilled nursing, therapists, home health aides, facility staffing and Certified CNA School

### **Virginia Commonwealth University Health System Forensic Nurse Examiners Program**

Contact Person: Susan Carson, RN, FNE, Coordinator  
Jean Cheek, RN, FNE, Co-Coordinator

Contact Information:

Phone: (804) 628-0623  
Fax: (804) 828-2203  
Address: P.O. Box 980401  
Richmond, VA 23298-0401

Services: Provides domestic violence, sexual assault, and elder abuse exams in the emergency room. Exams include history and physical, x-rays, medications, physical examination. Provides forensic documentation of injuries for all forensic patients, including forensic digital photography. Assists with locating other services and providing information, referrals, and resources to forensic patients.

# Henrico County

## Henrico County

### Aging Services

#### **Henrico Department Of Social Services**

Contact Person: Susan Umidi,  
Adult Services/Protective Services and Services Intake

#### Contact Information:

Hotline: 888-832-3858 - 24 hours a day  
Email: [umi@co.henrico.va.us](mailto:umi@co.henrico.va.us)  
Phone: (804) 501-4007 or to make an APS report- (804) 501-7346  
Address: P.O. Box 27032  
Richmond, Virginia 23273-7032

Services: **Adult Protective Service:** Conducts investigations and coordinates services and resources to meet the needs of alleged abused, neglected or exploited Henrico County residents aged 60 and older or incapacitated residents aged 18 and older. **Adult Services:** Provides Medicaid pre-admissions screenings for nursing home placement, adult care facility placement, personal care, adult day care, AIDS waiver services and consumer directed care. **Companion Services:** Available for income-eligible individuals who require assistance with activities of daily living such as: light housekeeping, meal preparation, shopping, and medication monitoring.

#### **Senior Connections/The Capital Area Agency on Aging**

Contact Person: Amy Cavender, Henrico County Care Coordinator

#### Contact Information:

Email: [acavender@youraaa.org](mailto:acavender@youraaa.org)  
Phone: (804) 262-2070  
Fax: (804) 262-0022  
Address: Belmont Center  
1600 Hilliard Road  
Richmond, VA 23228

Website: [www.seniorconnections-va.org](http://www.seniorconnections-va.org)

Services: Care Coordination – Information, referral, advocacy, case management, and individualized coordination of services for seniors aged 60 and older.

# Henrico County

## Senior Connections, *continued*

**Long-Term Care Ombudsman** – advocate for seniors who receive long-term care services, providing information, referrals, and counseling regarding resident rights. Investigate and resolve complaints about nursing homes, adult care facilities, and home health care services.

**Short-Term Homecare** – Senior Connections contracts with home care agencies to provide up to 80 hours of in-home care to seniors who need assistance with activities of daily living such as bathing and dressing.

**Volunteer Money Management** – Volunteers trained and supervised by staff assist persons aged 50 and older who need assistance managing their finances.

**Virginia Insurance Counseling and Assistance Project (VICAP)**– Trained volunteers counsel seniors on health and long-term care insurance, Medicaid, Medicare HMOs, and Medicare supplemental insurance.

**Senior Employment** – The Senior Community Service Employment Program provides part-time employment opportunities in community service work to assist economically disadvantaged seniors 55 and older. The Job Referral File provides seniors 60 and older with a resource that will place job seekers in available positions.

**Emergency Services and Financial Assistance** – Provide one-time financial assistance grants to help seniors in crisis who may have trouble covering living expenses such as heating and cooling bills, utilities, and prescription medication costs.

**Home Delivered Meals** – Meals are delivered to the homes of vulnerable seniors who are living alone, below or near the poverty level, and have significant health conditions or physical or mental impairments.

Eligibility: Unless otherwise noted, most Senior Connections programs serve seniors aged 60 and older who live in the City of Richmond and counties of Chesterfield, Hanover, Henrico, Goochland, Powhatan, Charles City, and New Kent.

# Henrico County

## Domestic Violence Services

### **Safe Harbor**

Contact Person: Shannon Heady, Executive Director  
(804) 249-9470 ext 11

### Contact Information:

Hotline 287-7877  
Email: [Shannon@safeharborshelter.com](mailto:Shannon@safeharborshelter.com)  
Fax: (804) 249-9472  
Address: PO Box 17996  
Richmond, Virginia 23226

Services: 24-hour domestic violence hotline, emergency shelter, case management, crisis counseling, support groups, court advocacy for victims seeking protective orders for children and adults, educational presentations for allied professionals, and training and outreach services on a variety of domestic violence topics for children and adults.

# Henrico County

## Law Enforcement

### **Henrico County Division of Police, Violent Crimes Special Victims Unit**

Contact Person: Detective Judy Berger  
Domestic Violence and Elder Abuse Investigator

#### Contact Information:

Phone: (804) 501-7289  
Email: ber11@co.henrico.va.us  
Address: 7721 E. Parham Road  
P.O. Box 27032  
Richmond, VA 23273-7032

Services: Investigation of domestic violence, sexual assault, and elder abuse cases in Henrico County. Police academy training and in-services, educational presentations, policy development, and collaboration with providers to improve service delivery to older victims.

### **Henrico County Sheriff's Department**

Contact Person: Officer Steve Canada, TRIAD Representative

#### Contact Information:

Phone: (804) 501-5236  
Address: 4301 East Parham Road  
Richmond, VA 23228

Services: Henrico TRIAD is a partnership of the Henrico Sheriff's Department, Henrico Police Department, senior organizations, and concerned senior citizens committed to reducing crimes against older individuals and improving their quality of life. Conducts weekly home visits with disabled, homebound, and other at risk seniors. Also provides training to senior organizations addressing such issues as crime and fraud prevention. Implementing Project Lifesaver, which provides anklets or bracelets with a tracking device for people with Alzheimer's Disease and related dementias so they can be located if they wander and get lost.

# Henrico County

## Legal Services

### **Central Virginia Legal Aid Society (CVLAS)**

Contact Person: Marilyn Goss, Managing Attorney, Domestic Violence Unit  
Anne Stambaugh, Legal Assistant, Domestic Violence Unit  
Lily Patel, - Attorney, Elder Law Unit  
Natasha Winston, Legal Assistant, Elder Law Unit

#### Contact Information:

Phone: (804) 648-1012 or (800) 868-1012  
Fax: (804) 649-8794  
Address: 101 West Broad Street, Suite 101  
P.O. Box 12206  
Richmond, VA 23241  
Website: [www.cvlas.org](http://www.cvlas.org)

Services: CVLAS provides legal assistance in the areas of family law, elder law, employment and civil rights, disability and public benefits law, consumer law and housing law. Low-income individuals or seniors needing assistance in these civil matters are provided advice and/or representation by staff attorneys or volunteer private attorneys.

**Domestic Violence Unit** – provides free legal representation and/or legal advice to eligible clients of domestic violence, stalking, and sexual assault to obtain, modify, and/or enforce civil protective orders and represents, and/or advises eligible clients in cases involving spousal support, divorce, and other civil matters.

**Elder Law Unit** – provides legal representation to eligible clients 60 and older in the areas of Guardianship, Powers of Attorney, Social Security, Medicaid and Medicare, as well as consumer law and housing law.

### **Henrico County Victim/Witness Assistance Program**

Contact Person: Shelly Shuman-Johnson, Director

#### Contact Information:

Phone: (804) 501-4134

Services: Provides assistance to victims and witnesses in navigating the judicial system, including court accompaniment, assisting in obtaining court-ordered restitution, and referrals to agencies for counseling or community services.

# Henrico County

## Henrico County Commonwealth Attorney's Office

Contact Person: Michael S. Huberman, Deputy Commonwealth's Attorney

### Contact Information:

Phone: (804) 501-4338

Address: Courts Building, 1st Floor, Room 170  
4301 East Parham Road, P.O. Box 27032  
Richmond, Va. 23273-7032

Website: <http://www.co.henrico.va.us/com-atty/>

Services: The job of the Commonwealth Attorney is to hold people who commit crimes accountable, obtain criminal redress for crime victims, and insure that both victims and defendants receive a fair trial. The trial function includes interviewing witnesses, researching the applicable law, presenting legal and factual arguments to judges, preparing trial exhibits, presenting the testimony of witnesses, and cross-examining defense witnesses.

# Henrico County

## Healthcare Services

### **Bon Secours Parish Nurse Network**

Contact Person: Yolonda Thompson, Director  
Parish Nursing and Community Education

#### Contact Information:

Email: [yolonda\\_thompson@bshsi.com](mailto:yolonda_thompson@bshsi.com)  
Phone: (804) 225-1791  
Fax: (804) 225-1772  
Address: Bon Secours Richmond Community Hospital  
1500 North 28<sup>th</sup> Street  
Richmond, VA 23223

Services: The Parish Nurse Network is an outreach program to foster a partnership between Bon Secours Richmond Health System and local congregations. Parish nurses coordinate available resources in the congregation and community, serving as health educators to provide information through health screenings, health fairs, and newsletters; health counselors to make home, hospital, and nursing home visits; and referral sources to act as liaison to community resources and services.

### **Family Care Home Health, Incorporated**

Contact Person: Bonnie Gordon, Administrator

#### Contact Information:

Email: [bonnie@familycareinc.net](mailto:bonnie@familycareinc.net)  
Phone: (804) 288-2111  
Fax: (804) 288-2160  
Address: 5001 West Broad Street, Suite 302  
Richmond, VA 23230

Services: Skilled nursing, therapists, home health aides, facility staffing and Certified CNA School.

# Henrico County

## **St. Mary's Hospital Forensic Nurse Examiners Program**

Contact Person: Bonnie Price, RN, FNE Coordinator

### Contact Information:

Phone: (804) 281-8574

Address: St. Mary's Hospital  
5801 Bremo Road  
Richmond, VA 23226

Services: Provides domestic violence, sexual assault, and elder abuse exams in the emergency room. Exams include history and physical, x-rays, medications, physical examination. Provides forensic documentation of injuries for all forensic patients, including forensic digital photography. Assists with locating other services and providing information, referrals, and resources to forensic patients.

## **Virginia Commonwealth University Health System Forensic Nurse Examiners Program**

Contact Person: Susan Carson, RN, FNE, Coordinator  
Jean Cheek, RN, FNE, Co-Coordinator

### Contact Information:

Phone: (804) 628-0623

Fax: (804) 828-2203

Address: P.O. Box 980401  
Richmond, VA 23298

Services: Provides domestic violence, sexual assault, and elder abuse exams in the emergency room. Exams include history and physical, x-rays, medications, physical examination. Provides forensic documentation of injuries for all forensic patients, including forensic digital photography. Assists with locating other services and providing information, referrals, and resources to forensic patients.

# Appendices

## Regional and State Resources

### **Catholic Diocese of Richmond, Office of Older Adult Ministry**

Contact Person : MaryEllen Cox, Coordinator of Older Adult Ministry

Contact Information:

Email: [mecox@landeckgroup.com](mailto:mecox@landeckgroup.com)  
Phone: (804) 359-5661 (804) 358-9159  
Fax:  
Address: 811 Cathedral Place  
Richmond, Virginia 23220

Services: Provides educational materials to local parishes. Communicates with parish priests and lay ministers to provide information and resource materials to fulfill needs of parishioners. Serves as focal point to resolve problems/inquiries.

### **SeniorNavigator.org**

Contact Person: Katie Benghauser, Director of Community Outreach and Training

Contact Information:

Email: [katie@seniornavigator.org](mailto:katie@seniornavigator.org)  
Phone: (804) 827-1280  
Fax: (804) 827-1281  
Address: 600 East Main Street, Suite 360  
Richmond, VA 23219  
Website: [www.seniornavigator.org](http://www.seniornavigator.org)

Services: SeniorNavigator is a free public service that connects seniors, their caregivers, and professionals with local services available in the community. The website, [www.seniornavigator.org](http://www.seniornavigator.org), features nearly 19,000 programs and services that are consolidated into one easy point. These resources address health and aging issues, financial concerns, legal questions, housing and assisted living facilities, caregiver support, and more. More than just an on-line telephone book listing, the site provides information such as: hours of operation, methods of payment, languages spoken, available transportation, eligibility requirements and more. Additionally, there are hundreds of up-to-date articles and over 2,000 links to other aging support

## Virginia Association of Area Agencies on Aging

Contact Person: L. Eldon James, Executive Director

### Contact Information:

Email: [info@thev4a.org](mailto:info@thev4a.org)  
Phone: (804) 644-2804  
Fax: (804) 644-5640  
Address: 24 E.Cary Street, Suite 100  
Richmond, Virginia 23219  
Website: <http://www.vaaaa.org>

### Services:

The Virginia Association of Area Agencies on Aging (V4A) is comprised of 25 Area Agencies on Aging (AAAs) that have been designated by local governments, the Commonwealth of Virginia, and the federal government to serve with and on behalf of older citizens. V4A, a private, non-profit 501(c)(3) organization, was established to provide the following:

**Advocacy:** Takes positions on relevant state and federal initiatives.

Provides public education relevant to the needs of older Virginians.

**Communication:** Acts as a liaison among national and state organizations and the AAAs. Serves as a link with the Virginia Department for the Aging and other public and private organizations promoting aging issues. Provides a network of information exchange among the AAAs.

**Training and Education:** Promotes training and education activities.

Provides opportunities for development of creative ideas, resources, and discussion of potential solutions to problems faced by older Virginians.

**Virginia Long-Term Care Ombudsman Program:** Serves as an advocate for older persons receiving long-term care services, whether in the home, community, or residential care setting. Represents consumer interests before government agencies and the General Assembly.

**Senior Medicare Patrol:** Combats Medicare/Medicaid fraud, waste and abuse.

## The Virginia Center on Aging

Contact Persons: Edward F. Ansello, Director  
Email: eansello@hsc.vcu.edu  
Paula Knapp Kupstas, Project Director  
Email: pkupstas@vcu.edu

### Contact Information:

Phone: (804) 828-1525  
Fax: (804) 828-7905  
Address: (mail) Virginia Commonwealth University Medical College of  
Virginia Campus P.O. Box 980229, Richmond, VA 23298-0229  
(street) 1200 East Broad Street, West Hospital, 4<sup>th</sup> Floor  
East Wing  
  
Website: <http://www.vcu.edu/vcoa/>

Services: The Virginia Center on Aging (VCoA) administers the **Central Virginia Task Force on Older Battered Women Project**, a grant-funded project through the Virginia Department of Criminal Justice Services to address the unique needs of women aged 50 and older who experience domestic violence or sexual assault by increasing awareness and education, promoting more specialized services and training, and enhancing collaboration among law enforcement, legal services, aging services, and victim advocates.

VCoA, located on the MCV Campus of Virginia Commonwealth University, has three primary functions, as assigned by the Virginia General Assembly. These are:

**Interdisciplinary Study:** Conducts training and demonstration projects on a variety of applied matters, including aging with lifelong disabilities, gerontological and geriatric services, alcoholism and gambling, family caregiving, and other subjects.

**Research:** Conducts applied research. Administers the Alzheimer's and Related Diseases Research Award Fund, which provides seed money to stimulate innovative research into aspects of dementia.

**Information Resource Sharing:** Offers public addresses and presentations throughout the Commonwealth on aging-related issues. Jointly publishes a quarterly newsletter, *Age in Action*, with the Virginia Department for the Aging and the Virginia Geriatric Education Center (VGEC); issues including case studies, opportunities, research and educational information. Maintains the Information Resource Center (IRC), a collection of books, videocassettes, and other media available on loan at no cost to patrons in Virginia. The IRC includes a collection of over 130 videos covering a large variety of aging-related topics; a video list is available upon request.

## **Virginia Coalition for the Prevention of Elder Abuse (VCPEA)**

Contact Person: Edward F. Ansello, Board President

### Contact Information:

Email: [eansello@hsc.vcu.edu](mailto:eansello@hsc.vcu.edu)  
Phone: (804) 828-1525  
Address: P.O. Box 70054  
Richmond, VA 70054

### Services:

VCPEA is a membership organization of individuals and agencies that seeks to promote greater awareness of the problem of elder abuse; improve the quality, availability, and accessibility of services to vulnerable adults; encourage the development of services and programs to protect elders and adults with disabilities who are or are at risk of being abused, neglected, and exploited; and advocate with the public and government officials to ensure the rights and safety of vulnerable adults.

#### **Services include:**

Annual Conference – The annual VCPEA conference draws participants from adult protective services, social work, law enforcement, aging-related agencies, victim/witness programs, higher education and elsewhere to preventing and responding to abuse and neglect and a unique learning opportunity for working with vulnerable adults.

Regional Meetings – Educational meetings throughout the year provide additional training opportunities on elder abuse.

May Packet - Informational packet developed in collaboration with the Virginia Department of Social Services, SeniorNavigator.com, AARP, and the Virginia Department for the Aging for use in public awareness campaigns during Elder Abuse Prevention Month.

Curriculum Development for the training of law enforcement officers and nurses aides on elder abuse.

Banking Project initiative to include banks in the prevention of financial exploitation of vulnerable adults.

## **Virginia Commonwealth University Department of Occupational Therapy**

Contact Person: Jodi Teitelman

### Contact Information:

Email: [jlteitel@vcu.edu](mailto:jlteitel@vcu.edu)  
Phone: (804) 828-2219

### Services:

The VCU Department of Occupational Therapy provides community collaboration through education, consultation, research, and academic preparation. Dr. Teitelman provides training and has published and done curriculum development in elder abuse.

**Virginia Commonwealth University School of Social Work / Virginia Institute for Social Services Training Activities (VISSTA)**

Contact Person: Paul Huizinga  
Adult Services/Adult Protective Services Curriculum Developer

Contact Information

E-mail: [pghuizinga@vcu.edu](mailto:pghuizinga@vcu.edu)  
Phone: (804) 827-1068  
Fax: (804) 827-1195  
Address: 104 North Linden Street  
P.O. Box 282027  
Richmond, VA 23284-2027  
Website: <http://www.vcu.edu/slwwweb/>

Services:

The VCU School of Social Work has several functions that relate to providing services for older battered women. These are:  
**Academic Preparation, Continuing Education and Training:** Through its academic program, the School may offer classes related to domestic violence, special forums on public policy relating to domestic violence, and special presentations on domestic violence issues. Through its continuing education programs, it may offer short courses related to older adults and domestic violence. Through VISSTA, courses are offered on various aspects of aging and domestic violence to staff of local social services agencies and to related providers.  
**Research and Technical Assistance:** Faculty and staff of the School may conduct various research, demonstration, and training initiatives that may relate to domestic violence and aging. Activities may include the convening of special study groups, i.e., domestic violence and older women, which may provide a forum for information exchange and the development of creative solutions.

## Virginia Department for the Aging

Contact Person: Receptionist  
(804) 662-9333

### Contact Information:

E-mail: [aging@vda.virginia.gov](mailto:aging@vda.virginia.gov)  
Toll-Free: 1-800-552-3402 (Nationwide Voice/TTY)  
Richmond: (804) 662-9333  
Fax: (804) 662-9354  
Address: 600 Forest Avenue, Suite 102  
Richmond, VA 23229  
Website: <http://www.aging.state.va.us/index.htm>

Services: The Virginia Department for the Aging (VDA) works with 25 local Area Agencies on Aging (AAAs) as well as various other public and private organizations to help older Virginians and their families find the services and information they need. VDA operates the Center for Elder Rights, which is a central point of contact for older Virginians to access information and services. Staff at the Center for Elder Rights and VDA offer legal, consumer, aging and long-term care information and assistance for older Virginians, their families and caregivers.

VDA's objective is to help Virginians find the information and services they need to lead healthy and independent lives as they grow older. Their mission is to foster the dignity, independence, and security of older Virginians by promoting partnerships with families and communities. VDA is designated by the federal government as the agency to oversee all state programs using funds provided by the federal Older Americans Act and the Virginia General Assembly. Area Agencies on Aging contract with VDA to provide services for older Virginians and their families in communities throughout Virginia.

## Virginia Department of Health, Center for Injury and Violence Prevention (CIVP)

Contact Person: Rebecca K. Odor, MSW,  
Director, Sexual Violence Prevention  
Phone: (804) 864-7740  
E-mail: [becky.odor@vdh.virginia.gov](mailto:becky.odor@vdh.virginia.gov)

Laurie Crawford  
Medical Outreach Coordinator  
Phone: (804) 864-7705  
E-mail: [laurie.crawford@vdh.virginia.gov](mailto:laurie.crawford@vdh.virginia.gov)

Contact Information:  
Fax: (804) 864-7748  
Address: 109 Governor Street, 8<sup>th</sup> Floor  
Richmond, VA 23219  
Website: [www.vahealth.org/civp](http://www.vahealth.org/civp)

Services: CIVP provides domestic violence and sexual assault training, resources and information for health care providers and promotes universal screening of patients and clients. Materials to assist in the screening process are available to local health departments as well as private providers of health care services. The Center, in collaboration with the Virginia Sexual and Domestic Violence Action Alliance, has compiled an Online Resource Center that contains a summary listing of national and Virginia-specific resources related to sexual and domestic violence. Currently, there are over 1,400 entries. Resources include books, videos, curricula, posters, reports and brochures. The Online Resource Center can be viewed at [www.svresources.org](http://www.svresources.org).

In addition, the Center offers training and free materials in suicide prevention as an aging issue and a program in preventing falls in older adults. More information is at the website [www.vahealth.org/civp](http://www.vahealth.org/civp)

**Virginia Department of Social Services, Adult Services**

Contact Person: Gail S. Nardi, *Adult Services Program Manager*

Contact Information:

Email: [gail.nardi@dss.virginia.gov](mailto:gail.nardi@dss.virginia.gov)  
Phone: 804-726-7537  
Fax: 804-726-7895  
Address: 7 North 8<sup>th</sup> Street  
Richmond, Virginia 23219

Services: The Adult Services Program provides services through four program components. They are:

**Adult Services:** Long-term care services provided through the VDSS Adult Services Program have been an integral part of the long-term care delivery system for over twenty-five years. Services are provided at the local level to assist an individual to remain in his or other own home and to be as independent as possible for as long as possible. The provision of adequate home-based services decreases the risk of institutional placement and decreases overall costs for long-term care in the Commonwealth.

**Adult Protective Services:** The goal of adult protective services (APS) is to protect a vulnerable adult's life, health, and property without a loss of liberty and, when this is not possible, to provide care with the least disruption of lifestyle, with full due process protection, and restoration of the person's liberty in the shortest period of time. Services are delivered to those adults who are found through an investigation to need services.

**Domestic Violence Prevention Services:** The number of individuals seeking domestic violence services from local domestic violence programs has more than doubled in the past decade. Currently, there are 45 local domestic violence programs funded by the Department of Social Services. The Department also contracts with Virginians Against Domestic Violence, the statewide coalition of domestic violence programs, for the statewide family violence hotline, data collection, and training of local service providers.

**Auxiliary Grant:** An Auxiliary Grant (AG) is a supplement to income for recipients of Supplemental Security Income (SSI) and certain other aged, blind, or disabled individuals residing in a licensed assisted living facility (ALF). This is assistance available from local departments of social services to ensure that recipients are able to maintain a standard of living that meets a basic level of need.

### **Virginia Poverty Law Center**

Contact Person: Christine Marra

#### Contact Information:

Email: [christie@vplc.org](mailto:christie@vplc.org)  
Phone: (804) 782-9430  
Address: 700 East Franklin Street, Suite 14T1  
Richmond, VA 23219

Services: For domestic violence, stalking, and sexual assault victims: confidential discussion, legal information and referrals to attorneys and community resources where available. For victim advocates: free case consultation and technical assistance, training, publications, and referrals to attorneys and community resources where available.

### **Virginia Sexual and Domestic Violence Action Alliance**

Contact person: Kristi VanAudenhove

#### Contact Information:

Hotline: 1-800-838-8238 (V/TTY)  
E-mail: [info@vsdvalliance.org](mailto:info@vsdvalliance.org)  
Phone: (804) 377-0335  
Fax: (804) 377-0339  
Address: 1010 North Thompson Street, Suite 202  
Richmond, VA 23230  
Website: [www.vsdvalliance.org](http://www.vsdvalliance.org)

Services: Statewide 24-hotline that offers crisis intervention, information, and referrals.

Technical assistance and certification standards to help Sexual & - Domestic Violence Agencies ensure services to survivors of sexual and domestic violence are of high quality

Training Institute to train professionals who work with survivors of sexual and domestic violence.

# **Local and Regional Domestic Violence and Sexual Assault Task Forces and Coalitions**

## **Capital Region Domestic Violence and Sexual Assault Task Force**

Contact Person:

Email:

Phone:

## **Chesterfield County Domestic Violence Task Force**

Contact Person: Sharon Lindsay, Domestic Violence Coordinator  
Chesterfield County Police Department

Email: [lindsays@chesterfield.gov](mailto:lindsays@chesterfield.gov)

Phone: (804) 751-4113

## **Henrico County Coalition Against Domestic Violence**

Contact Person: Beth Bonniwell  
Henrico County Division of Police

Email: [BON@co.henrico.va.us](mailto:BON@co.henrico.va.us)

Phone: (804) 501-5732

## **Richmond Domestic Violence Coordinating Committee**

Contact Person: Melinda Spivey, Director of Sexual Assault Services  
YWCA of Richmond

Email: [mspivey@ywcarichmond.org](mailto:mspivey@ywcarichmond.org)

Phone: (804) 643-6761

# **National Domestic Violence, Elder Abuse, and Aging Resources**

## **American Bar Association Commission on Law and Aging**

Website: [www.abanet.org/aging](http://www.abanet.org/aging)

Phone: (202) 662-8690

*Elderabuse Listserve* – provides practitioners, administrators, educators, health professionals, law enforcement, judges, and policy makers who are concerned about elder abuse with a free forum for raising questions, discussing issues, and sharing information and best practices. Instructions for subscribing to the listserv can be found at <http://www.abanet.org/aging/elderabuselistserv.html>

## **Clearinghouse on Abuse and Neglect of the Elderly (CANE) – University of Delaware**

Website: <http://db.rdms.udel.edu:8080/CANE/index.jsp>

## **Minnesota Clearinghouse Against Violence and Abuse**

Website: [www.mincava.umn.edu](http://www.mincava.umn.edu)

## **National Center on Domestic and Sexual Violence**

Website: [www.ncdsv.org](http://www.ncdsv.org)

## **National Center on Elder Abuse**

Website: [www.elderabusecenter.org](http://www.elderabusecenter.org)

Phone: (202) 898-2578

## **National Clearinghouse on Abuse in Later Life of the Wisconsin Coalition Against Domestic Violence**

Website: [www.ncall.us](http://www.ncall.us)

Phone: (608) 255-0539

## **National Coalition Against Domestic Violence**

Website: [www.ncadv.org](http://www.ncadv.org)

Phone: (303) 839-1852

## **National Council on Aging**

Website: [www.benefitscheckup.org](http://www.benefitscheckup.org)

## **National Electronic Network on Violence Against Women**

Website: [www.vawnet.org](http://www.vawnet.org)

## **National Resource Center on Domestic Violence**

Website: [www.nrcdv.org](http://www.nrcdv.org)

## **Terra Nova Films**

Website: [www.terranova.org](http://www.terranova.org)

Phone: (800) 779-8491

# Defining the Problem of Domestic Violence in Later Life

Domestic violence is a pattern of abusive tactics, including physical, emotional, and/or sexual abuse. A family member or someone with whom they have an intimate, ongoing relationship subjects an older person to a pattern of coercive control and abuse.

## **Physical Abuse...**

Is defined as the use of physical force that may result in bodily injury, physical pain, or impairment. This includes, but is not limited to striking, shaking, slapping, kicking, pinching, and burning. Physical abuse may also include withholding medical treatment and/or medications.

## **Sexual Abuse...**

Is defined as non-consensual sexual contact of any kind with an older person, including situations in which an older person is forced, tricked, coerced, or manipulated into unwanted sexual contact, making degrading sexual comments, and/or forcing sex, threatening in order to have sex, or sexual contact with elders who are unable to give informed consent.

## **Emotional or Psychological Abuse...**

Is defined as the infliction of anguish, pain, or distress through verbal or nonverbal acts. Emotional/psychological abuse includes verbal assaults, insults, threats, intimidation, humiliation, and harassment. In addition, treating an older person like an infant and isolating an elderly person from her family and friends are forms of emotional abuse.

## **Financial Abuse...**

Controlling a partner or spouse by financial means, including destroying or selling property, taking money, denying money, and restricting access to household financial information are examples of financial abuse. It can also include the illegal use of an elder adult's resources for another's profit or advantage.

Source: Wisconsin Coalition Against Domestic Violence (1997). *Developing Services for Older Abused Women: A Guide for Domestic Abuse Programs*

## Barriers Faced by Older Abused Women in Accessing Services

Older abused women face many of the same obstacles younger abused women face, yet some of the barriers may be different from, or unique to, older battered women.

- ❖ **Economic barriers** - Older battered women may have a lifetime of shared financial assets and yet no access to them. It may be difficult to replace lost income after leaving the relationship, as older women may desire to enter the job market but face age discrimination. Employed women nearing retirement age may have no or limited retirement benefits. Complex public benefit issues can make it difficult to leave, and older women may fear losing health insurance.
- ❖ **Self-perception** - Older women who are abused often do not label themselves as domestic or sexual assault victims. They do not see themselves represented in the media and public service materials. Domestic violence is often portrayed as a younger woman's problem.
- ❖ **Caretaker or dependency concerns** -If either the perpetrator or the victim is physically dependent on the other, the victim may feel compelled to stay in an abusive situation.
- ❖ **Healthcare issues** - The stress and reality of living with poor health may prevent victims from feeling strong enough to utilize the criminal or civil legal system or to access services. Older women may be overlooked as victims if their injuries are attributed to aging, frailty, illness or disability rather than abuse. Women with dementia and other cognitive impairments may have difficulty telling their story and may not be believed when they do so.
- ❖ **Cultural values concerning divorce and separation** -Older women may have traditional attitudes toward marriage and feel that leaving an abusive spouse is not a respectable option for them.
- ❖ **Transportation issues** -Many older women may not drive or have access to a vehicle.  
Transportation barriers make it difficult to seek services and advocacy, especially in rural areas.
- ❖ **Housing** - Few shelters or housing opportunities for older women exist. While shelters are theoretically available to all victims, many are not able to provide the level of support needed by older survivors. Long term or permanent housing is rarely available to poor women and those living on Social Security or public benefits.
- ❖ **Safety issues** - Diminished health, the need for medications, and the increased isolation that sometimes come with old age can increase a victim's real and perceived risk and influence her response to a violent situation.

Source: Wisconsin Coalition Against Domestic Violence (1997). *Developing Services for Older Abused Women: A Guide for Domestic Abuse Programs*

## **Signs That May Indicate Abuse**

- ❖ Bruises, burns, cuts, broken bones or other signs of physical abuse
- ❖ Repeated incidents of “unexplained trauma”
- ❖ Indications of isolation from other family members, friends, neighbors or the community
- ❖ Anxiety, withdrawal, confusion, depression, excessive passivity, doubting her own sanity, low self-esteem, resignation, fear, reluctance to discuss her home life
- ❖ Excessive defense of her partner’s behavior or blaming herself for partner’s behavior
- ❖ Contradictory statements, shame or embarrassment as to the nature of injuries

## **Special Service Needs of Older Victims of Domestic Violence**

- ❖ Create a comfortable setting
- ❖ Consider offering home visits to older victims who are not comfortable or able to come to the agency
- ❖ Offer ageism training to staff and volunteers
- ❖ Be sensitive to diverse cultures and backgrounds
- ❖ Include older women on the agency board and staff and in volunteer positions
- ❖ Include resources on abuse in later life in the agency resource center or library
- ❖ Learn about legal issues specific to older clients
- ❖ Modify outreach methods and locations
- ❖ Word of mouth and one on one contacts may be most effective in reaching out to older women in the community
- ❖ Familiarize yourself with domestic violence and aging resources in your community

## Domestic Violence Assessment

Questions should begin with a non-threatening introduction, such as:  
“Because abuse and violence are so common in marriages, I ask about it routinely.”

- Are you fearful of your spouse (ex-spouse) or adult child for any reason?
- Are you afraid your spouse or adult child will harm you?
- Has your spouse or adult child ever threatened you?
- Has your spouse or adult child ever harmed you?
- Have you had to call the police for protection?
- Have you ever stayed in a shelter for abused persons?
- Are you afraid to answer these questions?
- Are you afraid to be in the same room with the other party?
- How do you deal with conflict in your relationship?

Source: Wisconsin Coalition Against Domestic Violence (1997). *Developing Services for Older Abused Women: A Guide for Domestic Abuse Programs*

## **Safety Planning with Older Women and Women with Disabilities**

There are precautions women can take to stay safe in their home, reduce their risk of injury, and be prepared to leave quickly if necessary.

### **Planning for an Explosive Incident**

- ❖ **Set up alternative personal assistance** in cases where the abuser is also the caregiver. Identify emergency personal attendants or caregivers or contact a friend or family member to provide care or arrange for care.
- ❖ **Have client practice how to get out of the house safely if possible.** Visualize escape routes and means of escaping. If client is unable to exit, have her position herself where shouting may attract attention (keep windows partially open or move near a wall attached to another apartment or building).
- ❖ **Have ready spare medication, medical supplies and adaptive equipment, hearing aids, money, change or a telephone card, extra set of keys, and clothes.** Keep these items in one place so they can be obtained if the client needs to leave quickly.
- ❖ **Have client plan ahead for where she will go, if she has to leave.** If client has a disability, check on handicapped accessibility of domestic violence shelter and whether a personal attendant or caregiver could accompany the client to the shelter.
- ❖ **Have client ask a neighbor or someone with whom she has regular contact to call the police** if the person hears a disturbance or has not seen the client for a period of time. Also have doctors, caregivers, or caseworkers contact police or APS if the client misses appointments (unless this will place the client in further danger). Consider other individuals such as delivery people, postal workers, and van drivers who can also contact police if the client's behavior or routine changes.
- ❖ **Have client devise a code word or signal** to use with children, grandchildren, personal attendant/caregiver, friends, doctor, and others to communicate the need for assistance.

### **Safety During an Explosive Incident –**

During a non-explosive period, plan out actions and safety precautions.

- ❖ **Have client try to go to a room or area that has an accessible exit** if she can see an argument coming. Do not go to a bathroom (near hard surfaces), a kitchen (knives) or any room with weapons. If client has mobility limitations, see if her personal attendant/caregiver can move her to a safer room. If her caregiver is the abuser, have the client make an excuse for the move unless it would further escalate the situation.
- ❖ **Have client try to stay in a room with a telephone** so she can call 911, a friend, caregiver, or neighbor. Keep a cordless or cellular phone nearby if possible and turn ringer off so abuser does not become aware of the telephone. Project 911 and other safety numbers into the speed dial for easier use. If client has difficulty with verbal communication, use a cordless phone where a call to 911 can be traced and assistance will be sent regardless of verbal communication. Consider a medical alert device, which can be worn at all times without suspicion and used to call for help.
- ❖ **If the caregiver is the abuser, try to have assistance done early in the day when you are as mobile and alert as possible in case of an emergency.** Make sure to keep mobility and other necessary aids nearby. Try not to have caregiver perform personal tasks like bathing, toileting, dressing, and transferring at times when the caregiver is agitated or has been drinking. Risk of physical injury is greater at those times.

# Safety Planning with Older Women and Women with Disabilities

## Safety When Preparing to Leave

- ❖ **Have client open a savings account in her own name.** Have Social Security (SSI/SSDI) benefits checks directly deposited into account and plan for a couple of months for the direct deposit to take effect. Have client be prepared to intercept confirmation letter that Social Security will send.
- ❖ **Open a post office box to receive mail unknown to the abuser.** Find a trusted friend, family member, or caregiver that can assist in getting items from the post office box if needed.
- ❖ **If client has a payee for SSI/SSDI benefits and the payee is the abuser, have the client contact the Social Security Administration to change payee.** Caution is important because loss of financial control may be perceived as threatening to the abuser, and the violence may escalate.
- ❖ **Hide money, extra keys, copies of important documents, and extra clothes with a trusted individual so client can leave quickly.**
- ❖ **Have client keep all medications, prescriptions, glasses, hearing aids, or other assistive devices with her.** Keep all these items together in one place so they are easy to retrieve.
- ❖ **Determine with whom client can stay temporarily and who can lend her money if necessary.** Identify emergency or other financial benefits she may be entitled to after leaving the abuser.
- ❖ **Try to build a network of friends, family members, and faith community members who can provide assistance during transition.** Plan ahead for personal attendant/caregiver services as needed so they are available at the time of leaving. The more prepared the personal attendant/caregiver is for the emergency situation, the more likely he or she will be able to provide good and safe care.
- ❖ **Have client keep domestic violence hotline numbers and other important numbers close at hand, written down where the abuser will not find them, or give them to a trusted individual to make contact.** Keep change or a calling card at all times for emergency phone calls
- ❖ **Plan for transportation to leave an emergency situation or seek support.** Make sure your vehicle and any adaptations are in working order and keep your gas tank at least half full. If client cannot drive have her make arrangements to get a ride, and plan ahead when planning to leave since most transportation services require 24-hour notice. If client is not currently using special transportation services but is eligible, have her consider applying.
- ❖ **Have client review safety plan often and be sure that friends, family, and others who can provide assistance are informed about the plans.**
  
- ❖ **But remember, leaving can be the most dangerous time.**

Source: Adapted from Safety Planning: A Guide for Individuals with Physical Disabilities, published by the Wisconsin Coalition Against Domestic Violence, 2000.

# Virginia Center on Aging Information Resource Center

In conjunction with the Virginia Geriatric Education Center, VCoA maintains the Information Resource Center (IRC), a collection of books, videocassettes, and other media available on loan at no cost to patrons in Virginia. The IRC includes a collection of over 130 videos covering a large variety of aging-related topics; a video list is available upon request. Domestic Violence in Later Life and Elder Abuse resources include:

## **Journals**

*Journal of Elder Abuse and Neglect*

*Victimization of the Elderly and Disabled*

## **Resource Manuals**

*Developing Services for Older Abused Women: A Guide for Domestic Abuse Programs* – Wisconsin Coalition Against Domestic Violence

*Golden Voices: Support Groups for Older Abused Women* – NCALL

*Widening the Circle – Sexual Assault/Abuse and People with Disabilities and the Elderly* – Wisconsin Coalition Against Sexual Assault (with accompanying video)

## **Training Curricula**

*Building a Coalition to Combat Domestic Abuse in Later Life* – NCALL and the AARP Foundation/National Legal Training Project

*From a Web of Fear to a Community Safety Net: Cross-Training on Abuse in Later Life* – NCALL

*Improving the Police Response to Domestic Elder Abuse* – Office for Victims of Crime, Office of Justice Programs, U.S. Department of Justice

## **Videos**

*Criminal Justice Response to Domestic Violence in Later Life* – Re-enactment of domestic violence scenario to illustrate appropriate law enforcement response.

*Elder Abuse: Five Case Studies* – Real-life case studies examine intimate partner domestic violence, abuse of parents by adult sons, and financial exploitation.

*Just to Have a Peaceful Life* – Pat's intimate account of the abuse she suffered throughout her 45-year marriage.

*Serving the Victim of Elder Abuse* – demonstrates the effectiveness of a multi-disciplinary approach to handling elder abuse cases.

## **Videos**

*What's Age Got To Do With It?* - is a riveting video that brings the often-overlooked issue of abuse and violence against older women to the forefront. The video addresses the verbal, physical, sexual, and financial abuse that many older women face from spouses, adult children, and other family members. It looks at the manner in which emotional and psychological abuse erode feelings of self-worth over time, and documents the fact that domestic violence in later years is usually a continuation of long-term abuse.

**For more information about the Information Resource Center, or to request an item from the lending library, contact the Virginia Center on Aging at (804) 828-1525.**