

# ATTENTION VIRGINIA

## ALZHEIMER'S FAMILY CAREGIVERS!

The Department of Psychology and the Virginia Center on Aging at Virginia Commonwealth University are conducting a brief survey study of caregiving spouses or relatives of individuals coping with Alzheimer's disease.

This project concerns the psychological support needs of Alzheimer's family caregivers.

For more information, please contact:

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Caring for a spouse or relative with Alzheimer's disease offers special challenges, and this survey will help us design a high quality support program that better meets the psychological needs of Alzheimer's family caregivers in Virginia.

The survey will take about 10 minutes, and asks easy-to-complete questions about your caregiving experiences, challenges and stresses, and interests in various support program components.

Participants will have the opportunity to win one of five prizes of \$10 Amazon gift cards and to receive a copy of the survey findings.

Your timely participation in the survey is very important. Please contact the investigator to receive a hard copy of the questionnaire or complete the survey online at:

[www.alzpossible.org/survey.html](http://www.alzpossible.org/survey.html)