



Cosby High School / Mentor Application

Project Description: Cosby High School is located in Chesterfield County. The high school has recently opened a specialty center designed for high school students who wish to pursue careers in the health sciences.

During the spring 2010 semester, for the third time, The Director of Pre-Health Sciences Advising, Dr. Seth Leibowitz and Donna Jackson, the Director of Outreach for VCU School of Medicine will be teaching a course in the high school to help students make informed choices about the health professions they wish to pursue and plan a pathway to pursue their careers. The high school class will involve in-class exercises, lectures, and labs experiences where the high school students will visit the Monroe Park and MCV campuses.

Mentor Program / Class: Twenty five undergraduate VCU students will be chosen to participate in [a service learning](#) / mentoring class. The class will be a 3 credit, 300-level service learning course. The mentoring course will be taught in the spring 2010 semester and there will be one section meeting on Wednesdays from 9:30am-12:30pm and one section meeting from 11:30-2pm on Wednesdays. Participation in the class requires driving or carpooling to Cosby High School in Chesterfield County about 7 times throughout the course of the spring semester. Trips to Cosby are about a half hour from the Monroe Park Campus by car and will involve minimal costs to cover gas and toll expenses. During the dates when mentors are not traveling to Cosby, they will be meeting on the Monroe Park Campus from 11:30-12:30pm.

For Spring 2010, Mentors will be performing service and expected to be in attendance at Cosby High School in Chesterfield on January 20th, February 10th, February 24th, March 10th, March 24th, April 14th and one additional time during the period of April 20th to May 12th.

Each VCU student, mentor will be paired with 4-5 high school students in a mentorship relationship. For the VCU students participation in the class will involve learning skills to become mentors to the high school students who are exploring career options in the health professions. Mentors will be required to work closely with their mentees to develop a final presentation, grade their mentees written work, lead discussions/presentations on college success skills, and coordinate administrative aspects of the program.

All service activities and class meetings will take place during the classes' designated meeting times on Wednesdays. Other meetings will be scheduled on occasional Fridays, but we will avoid conflicts with your existing class schedules when arranging the meetings. If you are selected to become a mentor, a class entitled HUMS 391 will be placed on your spring 2010 schedule and you will be assigned to one of the am or pm class sections, depending on the needs of the program. Mentors will be required to schedule their other spring classes around the times of the mentor class.

Application (Due November 10th at 5pm, Rm. 119 Hibbs)

To Be Placed in Dr. Leibowitz's Mail Box

1. Name _____
2. VCU Student I.D _____
3. Address _____

4. Phone # _____
5. Cell phone # _____
6. Emergency Contact # _____
5. E-mail address _____
6. Class Standing _____
7. Career Interest _____
8. Major _____
9. VCU GPA _____
10. Classes you intend on enrolling in during the Spring 2010 Semester

11. List 3 Prior Experiences You Had Gaining Health Care Experience

Place of Employment	Activities	Dates of Employment
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Essay Questions (Please answer each question in 3-4 sentences)

1. Please circle your preference for class times. Note we will not be able to accommodate everyone's schedule but will do the best we can.

W: 9:30-12:30

W: 11:30-2pm.

Either Class would be fine

2. If you are selected to participate in this class, you will have to drive or carpool with other mentors to visit Cosby High School in Chesterfield County approximately 7 times throughout the spring 2010 semester.. Cosby High school is located 20 miles south of the Monroe Park Campus and is a 30 minute drive. In class time will be made available for you to make the commute during days when you are expected to be in the high school.

Please circle one

I am able to provide my own transportation

I am comfortable driving others

3. Why are you interested in becoming a mentor?
4. What in-class and out of classroom activities do you think will help high school students explore careers in the health sciences?
5. When you participate in a group activity or team project, what role do you play in the group setting. Please give an example
6. Describe any prior experience you have had supervising or mentoring others?
7. Identify characteristics of a strong and successful mentor
8. Scenario: It's late Friday and you know the following events are coming up heading into the weekend:

Its your mom's birthday and she wants you to come home for the weekend to celebrate on Sunday night.

You have a test coming up that Tuesday in a biology class.

You are the treasurer of a student organization and you have to present the organization's budget on Monday.

In addition you have a paper due for your English class on Thursday.

Given what lies in store for you during the week ahead, describe how you would prioritize tasks and best manage your time?