

TEACHER EDUCATION: HEALTH AND PHYSICAL EDUCATION

Virginia Commonwealth University
Department of Health and Human Performance

Fall Semester

- ___ 3 UNIV 111 Focused Inquiry I
 - ___ 4 BIOL 101/101L Biological Concepts
 - ___ 3 Social Science Elective
 - ___ 3 American Studies Elective
 - ___ 1 HPEX 214 Teaching Social Rhythmics
 - ___ 3 HPEX 230 History & Phil of Health and Phys Ed
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First Year

Spring Semester

- ___ 3 MATH 131 or equivalent
 - ___ 3 Oral Communications Elective
 - ___ 3 UNIV 112 Focused Inquiry II
 - ___ 3 Humanities or Social Science Elective
 - ___ 3 HPEX 200 Strength, Endur & Flex Training
 - ___ 1 HPEX 211 Tumbling & Elementary Rhythmics
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Second Year

- ___ 4 BIOL 205 Human Anatomy
 - ___ 3 ENGL 200 Writing and Rhetoric II
 - ___ 3 HPEX 353 Trends in Modern Diseases
 - ___ 3 HPEX 202 Team Sports
 - ___ 1 HPEX 291 Topical Seminar: Professional Conf.
 - ___ 3 HPEX 352 Substance Abuse
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- ___ 4 PHIS 206/206L Human Physiology
 - ___ 3 HPEX 201 Ind Sprts & Lifelong Leisure Act
 - ___ 3 HPEX 332 Motor Learning & Performance
 - ___ 3 HPEX 350 Nutrition
 - ___ 3 Global Studies Elective
 - ___ 1 HPEX 203 Wilderness Education
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Third Year

- ___ 3 EDUS 300 Foundations of Education
 - ___ 3 EDUS 301 Human Development & Learning
 - ___ 3 HPEX 333 Psych/Soc Aspects of Sport & Phys Ed
 - ___ 4 HPEX 373/373L Struct. Kinesiology (Fall) **OR**
HPEX 374 Biomechanics (Spring)
 - ___ 3 HPEX 334 Measurement & Analysis in TE/Ex Sci.
 - ___ 1 HPEX 334L Measurement & Analysis Lab
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- ___ 3 Humanities Elective
 - ___ 3 HPEX 330 Movement Education
 - ___ 3 HPEX 335 Elementary PE for PE Majors
 - ___ 3 HPEX 355 School & Community Health Resource
 - ___ 3 HPEX 375 Physiology of Exercise
 - ___ 1 HPEZ 375L Physiology of Exercise Lab
 - ___ 3 HPEX 351 Issues in Sexuality **OR**
HPEX 354 Coping and Adaptation
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Fourth Year

- ___ 3 HPEX 393 Field Ex I: Teaching Education
 - ___ 3 HPEX 431 Adapted Physical Activity
 - ___ 3 HPEX 432 Methods and Curriculum in PE
 - ___ 3 HPEX 433 Methods and Curriculum in HE
 - ___ 3 TEDU 562 Reading Instruction in the Content Areas
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Additional Requirements

A 2.0 cumulative GPA is required for entry into the Health and Physical Education/Teacher Education track

A 2.5 cumulative GPA and successful completion of Praxis I is required for upper level Field Experiences.

___ Praxis I (Reading, Writing, and mathematics)

___ Praxis II: Specialty Area (Physical Education)

Praxis II: Must be attempted during Field Experience
III or IV

___ Application to Professional Preparation (2.5 GPA required)

___ Application to Student Teaching (should be completed and submitted to the Student Teaching supervisor by specific deadlines the semester preceding Field Work.)

___ Current First Aid and CPR certification required to enroll in HPEX 393, 493, 494

___ Successful completion of the Computer Literacy Examination required for entry into Field Experiences

___ 6 HPEX 493 Field Ex III: Student Teaching

___ 6 HPEX 494 Field Ex IV: Student Teaching

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127 / 128 Total Credits

Print Name

Student Signature

Date

Advisor Name

Advisor Signature

Date

**Teacher Education: Health and Physical Education
Virginia Commonwealth University**

Department of Health and Human Performance

___ 1 HPEX 203 Wilderness Education
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Credits General Education

- ___ 3 UNIV 111 Focused Inquiry I
- ___ 3 UNIV 112 Focused Inquiry II
- ___ 3 ENGL 200 Writing and Rhetoric II
- ___ 3 Oral Comm. Elective
- ___ 3 American Studies Elective

<u>Course</u>	<u>Prerequisites and Course Admission Requirements</u>
ENGL 200	ENGL 101 and in sophomore year
BIOL 205/205L	BIOL 101 (Must have a "C" in both)
PHIS 206/206L	BIOL 101 (Must have a "C" in both)
HPEX/HPEZ 373 or 374	BIOL 205
HPEX 375	BIOL 206
HPEX 375L	BIOL 206L
HPEX 393	CPR and FA Certifications; pass Praxis I
HPEX 493	All courses other than General Education, CPR and FA Certifications
HPEX 494	All courses other than General Education, CPR and FA Certifications

- ___ 3 Global Studies Elective
- ___ 3 Social Sciences Elective
- ___ 3 Humanities Elective
- ___ 3 Humanities or Social Sciences Elective
- ___ 3 MATH 131 Intro to Contemporary Math or Equiv
- ___ 3 BIOL 101 Biological Concepts
- ___ 1 BIOZ 101L Biological Concepts Lab
- ___ 0 Visual & Performing Arts Electives(s) (HPEX 211 & 214)

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Allied Professional Core

- ___ 4 BIOL 205 Human Anatomy
- ___ 3 PHIS 206 Human Physiology
- ___ 1 PHIZ 206L Human Physiology Lab
- ___ 3 EDUS 300 Foundations of Education
- ___ 3 EDUS 301 Human Development and Learning
- ___ 3 TEDU 562 Reading Instruction in the Content Area

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Activity

- ___ 3 HPEX 200 Strength, Endurance and Flex. Train.
- ___ 3 HPEX 201 Individual Sports & Lifelong Leisure Act.
- ___ 3 HPEX 202 Team Sports
- ___ 1 HPEX 211 Tumbling and Elementary Rhythmic
- ___ 1 HPEX 214 Social Rhythmic

Credits HPEX Required Core

- ___ 3 HPEX 230 History & Phil of Hlth and Phys Ed
- ___ 3 HPEX 330 Movement Education
- ___ 3 HPEX 332 Motor Learning and Performance
- ___ 3 HPEX 333 Psychosocial Aspects of Spt & Phy Act
- ___ 3 HPEX 334 Mearsmnt & Analys in TE and Ex Sci
- ___ 1 HPEZ 334L Msrmnt & Analys in TE & Ex Sci Lab
- ___ 3 HPEX 335 Elem Phys Ed for PE Majors
- ___ 3 HPEX 350 Nutrition
- ___ 3 HPEX 351 Issues in Sexuality OR
- ___ 3 HPEX 354 Coping and Adaptation
- ___ 3 HPEX 352 Substance Abuse
- ___ 3 HPEX 353 Trends in Modern Diseases
- ___ 3 HPEX 355 School & Comm Health Resources
- ___ 3 HPEX 373 Structural Kinesiology AND
- ___ 1 HPEZ 373L Structural Kinesiology Lab (prereq: BIOL 205)
- OR HPEX 374 Biomechanics (prereq: BIOL 205)
- ___ 3 HPEX 375 Physiology of Exercise
- ___ 1 HPEZ 375L Physiology of Exercise Lab
- ___ 3 HPEX 431 Adapted Physical Activity
- ___ 3 HPEX 432 Methods & Curriculum in Phys Ed
- ___ 3 HPEX 433 Methods & Curriculum in HED

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Field Experiences

- ___ 1 HPEX 291 Topl Seminar: Professional Conference
 - ___ 3 HPEX 393 Field Experience I: Teaching Education
 - ___ 6 HPEX 493 Field Experience III: Student Teaching
 - ___ 6 HPEX 494 Field Experience IV: Student Teaching
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127 / 128 Total Credits