

ACT DEFINITIONS OF THE OCTANTS
ON THE 1982 INTERPERSONAL CIRCLE

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DOMINANT	This person relies on self, remains composed, asserts self, "toots own horn," persuades others, takes charge, instructs and gives advice, and stands up to others.
HOSTILE DOMINANT	This person likes to compete, works hard to succeed, keeps plans to self, sizes others up carefully, takes advantage of others, doubts others' good intentions, and is slow to forgive.
HOSTILE	This person criticizes others, withholds warmth and approval, complains and quarrels, ignores others' feelings, "tells them off," obstructs their activities, and hurts others.
HOSTILE SUBMISSIVE	This person stays to self, is unresponsive to others' overtures, withdraws from attention, keeps things to self, thinks carefully before speaking or acting, and often can't decide what to do.
SUBMISSIVE	This person embarrasses easily, apologizes frequently, readily agrees, backs down quickly, follows others' lead, and gets others to help with his problems and decisions.
FRIENDLY SUBMISSIVE	This person does just what is necessary, avoids challenges, gives up easily, defers to others' accomplishments, obliges those in charge, trusts and believes others, and willingly accepts apologies.
FRIENDLY	This person accepts others, understands and supports them, expresses warmth and approval, smoothes over disagreements, readily cooperates, and helps others in need.
FRIENDLY DOMINANT	This person seeks others' company, chats easily with others, mixes widely, fosters harmony, readily divulges, often jumps into action, and exaggerates and dramatizes.