

THE CHECK LIST OF INTERPERSONAL TRANSACTIONS-REVISED
AND
THE CHECK LIST OF PSYCHOTHERAPY TRANSACTIONS-REVISED

DESCRIPTIONS OF FOUR VERSIONS

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I. CHECK LIST OF INTERPERSONAL TRANSACTIONS-REVISED (CLOIT-R)

1. TRANSACTION RATING FORM: R

Directions. The following pages contain lists of actions that can occur in interactions between two persons. Your task is to check each item which accurately describes AN ACTION EXHIBITED IN YOUR TRANSACTIONS BY THE PERSON TARGETED FOR YOU.

Make your judgments about occurrence of this person's actions solely on the basis of your personal encounters with that person. CHECK ONLY those items which describe ACTIONS BY THAT PERSON WHICH OCCURRED "LIVE" IN YOUR PRESENCE.

In order to receive a check, THE ACTION described by a particular item MUST HAVE OCCURRED IN YOUR PRESENCE and MUST BE JUDGED BY YOU AS TYPICAL OF THE WAY THAT PERSON ACTS WITH YOU. If an item describes an action that does not typically occur in your interactions with this person, leave that item blank.

2. SELF-RATING FORM: R

Directions. The following pages contain lists of actions that can occur in interactions between two persons. Your task is to check each item which accurately describes AN ACTION TYPICALLY EXHIBITED BY YOU IN YOUR TRANSACTIONS WITH OTHER PEOPLE.

To help you make these judgments, imagine that, for some time, a hidden "observer" has followed you around daily as you interacted with other persons in your life. MAKE YOUR JUDGMENTS about occurrence of your actions with others BASED ON WHAT THIS HIDDEN OBSERVER WOULD HAVE TYPICALLY SEEN.

In order to receive a check, THE ACTION described by a particular item MUST HAVE OCCURRED AT LEAST ONCE IN YOUR TRANSACTIONS WITH OTHERS and MUST ALSO BE JUDGED BY YOU AS TYPICAL OF THE WAY YOU INTERACT WITH OTHERS. If an item describes an action that does not typically occur in your interactions with others, leave that item blank.

II. CHECK LIST OF PSYCHOTHERAPY TRANSACTIONS-REVISED (CLOPT-R)

3. CLIENT RATING FORM: R

Directions. The following pages contain lists of actions that can occur in psychotherapy sessions. Your task is to check each item which accurately describes AN ACTION EXHIBITED BY THE CLIENT WHOM YOU HAVE JUST OBSERVED.

Make your judgments about occurrence of client actions solely on the basis of the sample of psychotherapy you just observed. CHECK ONLY those items which describe CLIENT ACTIONS THAT OCCURRED "LIVE" IN THE SESSION WITH THE THERAPIST.

In order to receive a check, THE ACTION described by a particular item MUST HAVE OCCURRED AT LEAST ONCE DURING THE SAMPLE YOU OBSERVED, but IT NEED NOT OCCUR MORE THAN ONCE. If an item describes an action that did not occur in the sample you observed, leave that item blank.

4. THERAPIST RATING FORM: R

Directions. The following pages contain lists of actions that can occur in psychotherapy sessions. Your task is to check each item which accurately describes AN ACTION EXHIBITED BY THE THERAPIST WHOM YOU HAVE JUST OBSERVED.

Make your judgments about occurrence of therapist actions solely on the basis of the sample of psychotherapy you just observed. CHECK ONLY those items which describe THERAPIST ACTIONS THAT OCCURRED "LIVE" IN THE SESSION WITH THE CLIENT.

In order to receive a check, THE ACTION described by a particular item MUST HAVE OCCURRED AT LEAST ONCE DURING THE SAMPLE YOU OBSERVED, but IT NEED NOT OCCUR MORE THAN ONCE. If an item describes an action that did not occur in the sample you observed, leave that item blank.