

## **PERSONAL SUMMARY**

Name: Katherine Cole Smith  
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## **PROFESSIONAL SUMMARY**

Primary Departmental Program Area:

OB Psychiatry; Women's Mental Health; General Adult Psychiatry; Group Therapy; Individual Therapy

## **EDUCATION**

### ➤ POSTGRADUATE

July 2006-June 2007: Chief Resident, Psychiatry, Virginia Commonwealth University Health System, Richmond, VA.

July 2004-June 2006: Residency in Psychiatry, Virginia Commonwealth University Health System, Richmond, VA.

June 2003 –June 2004: Internship Psychiatry Preliminary, Virginia Commonwealth University Health System, Richmond, VA.

### ➤ GRADUATE

August 1999-May 2003: Des Moines University Osteopathic Medical Center, Des Moines, IA : Doctor of Osteopathy (D.O.).

### ➤ UNDERGRADUATE

August 1994-May 1998: Luther College, Decorah, IA, Bachelor of Arts in Biology. Dean's list 1994-1998.

## **CERTIFICATION AND LICENSURE**

### ➤ LICENSURE OR REGISTRATION

Virginia: current and active: expiration 2-28-2010  
COMLEX Step III: passed, June 2004  
COMLEX Step II: passed, August 2002  
COMLEX Step I: passed, June 2001

### ➤ CERTIFICATION

American Board of Psychiatry and Neurology Board, written passed January 2008  
American Board of Psychiatry and Neurology Board, oral taken June 23, 2008,  
passed August 2008

### ➤ HOSPITAL APPOINTMENTS

Virginia Commonwealth University Health System, Richmond, VA.

## **ACADEMIC APPOINTMENT HISTORY**

DATES	TITLE/RANK	INSTITUTION
August 15, 2008	Assistant Professor(Collateral)	VCU Health System, Richmond

## **EMPLOYMENT HISTORY INCUDING SIGNIFICANT WORK EXPERIENCE**

DATES	TITLE/RANK	INSTITUTION
August 2008-Present	Attending Physician, Department of Psychiatry, VCU Health System, Richmond, VA	

## **MEMBERSHIPS IN SCHIENTIFIC OR PROFESSIONAL SOCIETIES**

Women in Science Dentistry and Medicine July 2004-Present  
Richmond Psychiatric Society July 2005-Present  
Psychiatric Society of Virginia July 2005-Present  
American Psychiatric Association July 2005-Present

The Association of Women Psychiatrists- January 2006-Present

American Osteopathic Association July 1999 – Present

Medical Society of Virginia July 2005-Present

Psychiatric Society of Virginia July 2005-Present

### **SCIENTIFIC AND SCHOLARLY ACTIVITIES**

#### ➤ GRANTS AND CONTRACTS: PENDING-SUBMITTED

- AD Williams Grant Proposal August, 2008: currently submitting "The Clinical Utility of Standardized and Repeated Symptom Assessment in Psychiatric Practice"; Co- Investigators Dr. William Nay and Dr. Katherine Smith; source of funds will be from the grant, total funding proposal: \$10,886.20. Role: actively involved in the clinical research aspect, administering the assessment measures to patients in the outpatient psychiatry clinic.

### **EXTRAMURAL PRESENTATIONS**

#### ➤ REGIONAL

- December, 2007: "Osteopathy and Psychiatry, and the Academic World" Blacksburg, VA, invited by Edward Via College of Osteopathic Medicine to speak about psychiatry residency, and recruitment.

#### ➤ LOCAL

- July 8, 2008: "Psychiatric Management of Depression in Pregnancy: Weighing the Risks"; formal presentation given at the Summer Institute in Psychiatry- a didactic and rotation program developed for visiting medical students interested in psychiatry. Lecture was requested by the Department of Psychiatry, at VCU Health System in Richmond, VA.
- June, 2008: "Psychiatric Management of Mood Disorders in Pregnancy: Weighing the Risks"; Grand Rounds for the OBGYN department at VCU Health System in Richmond, VA. The Grand Rounds was requested by the department, and was well-received. *Based on this presentation, I was asked to begin a psychiatry*

*consult clinic in conjunction with the high risk obstetric clinic, in order to teach residents and attendings more about psychiatry in a women's health setting.*

- May, 2008: "Psychiatric Management of Pregnancy: Weighing the Risks"; Grand Rounds for the Richmond Psychiatric Society in Richmond, VA. The Grand Rounds topic was requested by the society and was well-received.
- April, 2007: "Psychiatric Impact of Breast Cancer on Women" poster presentation at the Women's Health Research Day, at VCU Health System in Richmond, VA.
- February, 2007: "Psychiatric Impact of Breast Cancer on Women" Grand Rounds for the Department of Psychiatry at VCU Health System in Richmond, VA.

### **TEACHING, ADVISING, AND MENTORING**

#### ➤ CLINICAL

- 2007-Present, Attending Physician, Outpatient Ambulatory Care Clinic: 2 general psychiatry teaching clinics; ( 2 psychiatry residents, and 2 medical students); 8 hours per week, 12 months per year
- 2008-Present, Attending Physician, Outpatient Ambulatory Care Clinic: Women's Mental Health Clinic ( 1 OBGYN resident and 1 internal medicine resident); 4 hours per week, 12 months per year
- 2007-Present, Attending Physician, Emergency Department (1 psychiatry resident) 4 hours per week, 12 months per year
- 2007-Present, Group Therapy Supervisor, Outpatient Ambulatory Care Clinic: (2 psychiatry residents), 1 hour of group therapy per week and 1 hour of supervision per week, 10 months per year
- 2007-Present, Supportive Therapy Supervisor, Outpatient Ambulatory Care Clinic: (1 second-year psychiatry resident); 1 hour per week, 12 months per year

#### ➤ NON-CLINICAL

- Mentoring: met with Dr. Morales-Theodore almost weekly from August 2007-present; provided supportive therapy supervision as well as mentoring in leadership development. She has been elected and is currently serving as Junior Chief Resident for the department of psychiatry at VCU in Richmond, VA. I am continuing to provide

supportive mentoring for her regarding leadership development on a weekly basis.

- March, 2008: "Diagnosis and Treatment of Depression in Rehabilitation"; formal didactic presentation for the physical medicine and rehabilitation residents at VCU Health System in Richmond, VA. This topic was requested, and the lecture feedback was "excellent". This lecture was placed on the schedule for next year.
- December, 2007: " Overview of Psychotropic Medications" Formal Presentation given to Psychology Interns, requested by the psychology program at VCU Health System. Presentation given at Monroe Park Campus in Richmond, VA.
- October, December 2006, and March 2007: "Depression in Primary Care" formal presentation to medical students rotating on internal medicine.
- January 2008-Present: PRITE (Psychiatry Residency Inservice Training Exam) Remediation Committee; responsible for implementing a successful board review plan for residents
  - Organized an annual written/oral board review in-service for residents with a panel discussion including psychiatrists who have passed the boards
  - Constructed a study guide and review plan for both written and oral boards
- Chief Survival Guide: created in May 2007 for the psychiatry residency
  - First comprehensive reference and resource for chief residents at VCU; entails scheduling, chief duties, orientation, memos, recruitment, along with multiple other project information, all organized and available on the department server.
- ER Survival Guide: created in May 2006 for the psychiatry residency at VCU, made it accessible on the department computer server which is updated annually
  - Comprehensive tutorial, including the emergency management of psychiatric patients, commitment and admission procedures, as well as community resources

## **SERVICE ACTIVITIES**

### ➤ SERVICE TO THE PROFESSION

President-Elect of the Richmond Psychiatric Society July 2008-June 2009

- Responsible for organizing the monthly speakers for the upcoming year; assisting the president

Treasurer of the Richmond Psychiatric Society July 2007-June 2008

- Responsible for managing the finances of the society, meeting with the financial advisor, making complex investment decisions involving consolidation of resources, and collecting member dues

Member, Virginia Maternal Mortality Review Team July 2008-June 2011

- Responsible for reviewing all pregnancy-related deaths in the state of Virginia, and the development of interventions that reduce preventable deaths

### ➤ SERVICE TO THE COMMUNITY

Member, Physicians for Human Rights 2006-Present

- provide free psychiatric evaluations for people seeking asylum in the United States, and testify in court when requested by the judge.

### ➤ SERVICE TO THE DEPARTMENT

Appointed, Grand Rounds Committee, Department of Psychiatry, August 2008-Present

- responsible for assisting the chairman of the department with selecting, and bringing in national speakers for weekly grand round lectures for the department of psychiatry at VCU.

Appointed, Clinical Faculty Liason for the Department of Psychiatry, VCU, August 2008-Present.

## **PUBLICATIONS**

### ➤ PAPERS PUBLISHED IN PEER REVIEWED JOURNALS

Kornstein, Susan and Smith, Katherine. Antidepressant Treatment of Premenstrual Syndrome and Premenstrual Dysphoric Disorder. *Primary Psychiatry*. November, 2004