

## Curriculum Vitae

### PERSONAL INFORMATION:

Name: Asha Sharma Mishra  
Office address: Virginia Commonwealth University  
Medical College of Virginia  
MCV Box 980710  
Richmond, VA 23298-0710  
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### LICENSURE:

Commonwealth of Virginia  
Commonwealth of Massachusetts (inactive)

### BOARD CERTIFICATIONS:

Diplomat in Psychiatry: American Board of Psychiatry and Neurology,  
Nov. 1986  
Diplomat in Psychiatry with added qualification in Geriatric Psychiatry:  
American Board of Psychiatry and Neurology, Re-certified in 2000 through  
December 2010

### EDUCATION:

Medical Education: Lady Hardinge Medical College  
New Delhi, India, 1972 to 1976  
Degree obtained M.B., B.S.  
Premedical Education: Sushila Inter College, Ghaziabad,  
U.P., India, 1968-1972  
Degrees obtained: High school, 1970  
Intermediate Science (I.Sc.) 1972  
E.C.F.M.G. Passed in Jan. 1980  
F.L.E.X. Passed in Dec. 1979

### POSTGRADUATE TRAINING:

1984-1985 Fellow, Division of Consultation/  
Liaison Psychiatry, VCU/MCV campus  
Richmond, VA  
1983 – 1984 Chief Resident in Psychiatry,  
VCU/MCV campus  
1982 – 1984 Resident in Psychiatry (PGY 3, 4)  
VCU/MCV campus

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1981 – 1982	Resident in Psychiatry (PGY 2) Rochester Psychiatric Center Rochester, NY
1978 – 1979	First Year Junior Resident Department of Surgery, Neurosurgery and Plastic, Jaslok Hospital and Research Center, Bombay, India (10/78 – 7/79)
1978	First year Junior Resident Department of Obstetrics and Gynecology, Lady Hardinge Hospital, New Delhi, India (1/78 – 7/78)
1977	Rotating Internship, Lady Hardinge Hospital New Delhi, India (1/1/77 – 12/31/77)

**ACADEMIC APPOINTMENTS AND OTHER WORK EXPERIENCE:**

2003 – Present	Medical Director, Chesterfield Community Services Board
1999 – Present	Professor, Department of Psychiatry Virginia Commonwealth University/ MCV Campus
1992 – 1999	Associate Professor, Department of Psychiatry, Virginia Commonwealth University / MCV Campus
1985 – 1992	Assistant Professor, Department of Psychiatry, VCU / MCV campus
1996 – present	Director, Community Psychiatry Program, VCU / MCV Department of Psychiatry
1987 – 2003	Director, Medical Services Chesterfield Community Services Board (C.S.B.)
1985 – 1987	Staff Psychiatrist, Chesterfield CSB
1980 – 1981	Clinical Physician, Medical/Surgical Unit Rochester Psychiatric Center Rochester, NY

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**MEMBERSHIP IN SCIENTIFIC, HONORARY, AND PROFESSIONAL SOCIETIES:**

American Psychiatric Association (*Distinguished fellow*)

Psychiatric Society of Virginia (*Member*)

Indo-American Psychiatrist Association (IAPA; *Life Member*)

American Association of Geriatric Psychiatrists (*Member*)

Southside Psychiatric Society of Virginia of Virginia (*Member*)

American Association of Physicians from India (*Patron Member*)

**MEMBERSHIP IN COMMUNITY ORGANIZATIONS:**

India Association of Virginia and VCU

Hindu Center of Virginia

National Alliance for the Mentally Ill (Virginia)

**HONORS AND Awards (Undergraduate):**

Academic:

National Merit Scholarship, 1970  
Distinction in Biology, English,  
Physics and Chemistry in High School

Graduated with honors in Physics and  
Chemistry in I.Sc. exams

Graduated from Medical School in the top  
10% of the class

Extracurricular:

Awards in debates and dramas through H.S.  
and I.Sc.

**SPECIAL AWARDS, FELLOWSHIPS AND OTHER HONORS:**

DISTINGUISHED FELLOW:

American Psychiatric Association, 2003

1992 EXEMPLARY PSYCHIATRIST AWARD:

Presented by the National Alliance for the  
Mentally Ill

LETTER OF COMMENDATION:

Presented by the Chesterfield County Board  
of Supervisors (1992)

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<u>FELLOW:</u>	Of the American Psychiatric Association (Dec. 1995)
<u>PRESIDENT:</u>	Virginia Chapter of IAPA (VA-IAPA) (1997-2000)
<u>PRESIDENT:</u>	Southside Psychiatric Society of Virginia (1997)
<u>SECRETARY / TREASURER:</u>	Southside Psychiatric Society of Virginia (1996)
<u>SECRETARY / TREASURER:</u>	VA-IAPA (1995 – 1997)
<u>TREASURER:</u>	VA-IAPA (1985 – 1990)
<u>TREASURER:</u>	Indo American Psychiatric Association (2000 – 2002)
<u>SECRETARY:</u>	Indo American Psychiatric Association (2002 – 2003)
<u>PRESIDENT – ELECT:</u>	Indo American Psychiatric Association (2003 – present)
<u>SERVICE AWARD:</u>	Presented by Indo-American Psychiatric Association at the May 2000 annual meeting
<u>EXAMINER:</u>	American Board of Psychiatry & Neurology, Psychiatry Boards, 2000
<u>OUTSTANDING TEACHER:</u>	Certificate Award for High Evaluation, MIII Clerkship, VCU/MCV/SOM 2002-2003
<u>MEMBER:</u>	Mental health Council, AAPI – India Health Initiative, 2004--- (American Association of Physicians from India)
<b><u>COMMUNITY SERVICE:</u></b>	
<u>DIRECTOR OF EDUCATION:</u>	Hindu Center of VA (1992-1992)
<u>SECRETARY:</u>	India Association of VA and VCU (1990)

## **MAJOR COMMITTEES:**

### University:

1998	Member, Ambulatory Psychiatry, Quality Assessment and Improvement Committee (QA&I)
1994 – 1997	Chair, Ambulatory Psychiatry, QA&I
1991- present	Member, now Chair (1992 – Present), Public Psychiatry Task Force, Department of Psychiatry
1991 – 2000	Member, Cross-Cultural Psychiatry Task Force, Department of Psychiatry
2000 – Present	Chair of Cross-Cultural Psychiatry Task Force, Department of Psychiatry
1990	Chair, AD HOC Committee, to develop protocol for managing potentially violent patients in the out patient clinic
1983 – 1984	As Chief resident served on: <ul style="list-style-type: none"><li>• Resident Selection Committee, Department of Psychiatry</li><li>• AD HOC Committee for PG 2, 3, year residency planning, Department of Psychiatry</li><li>• Search Committee for out patient psychiatry Diagnostic Team Director</li><li>• Clinical Operations Committee</li><li>• Department of Psychiatry</li><li>• Resident Education and Training Committee, Department of Psychiatry</li><li>• In patient psychiatry Executive Committee</li><li>• Executive Committee of the Department of Psychiatry</li></ul>

**PROFESSIONAL:**

2001:	Chair fellowship Committee of the Psychiatric Society of Virginia, served as a member in the year 2000 and 2002
1999 – present	Member of Ethics Committee of the Psychiatric Society of Virginia
1996 – present	Member, Pharmacy and Therapeutic Committee, Dept. of Mental Health, Mental Retardation, and Substance Abuse Services of the State of Virginia
1997 – present	Member Public Psychiatry Committee of the Psychiatric Society of Virginia
1992 – present	Chair, Clozaril Committee, Chesterfield CSB
1992 – 2001	Member, Diversity Advisory Group, Chesterfield CSB
1991 – 1994	Member, Committee for Planning Services for People with Serious Mental Illnesses, Chesterfield CSB
1987 – 2002	Member, Clinical Services Management Team, Chesterfield CSB
1987 – present	Member, Joint Management Team, now Joint Leadership Group Chesterfield CSB
1997 – present	Member, Executive Committee of the IAPA
2003 – 2005	Corresponding Member, APA's Committee on Women
2004-2005	Corresponding Member, APA's Committee on Asian American Psychiatrists

**OTHER SIGNIFICANT SCHOLARLY, RESEARCH, OR ADMINISTRATIVE EXPERIENCE:**

Graduate Students:

Mentor / Preceptor	2 Reading Electives for MIV students
Preceptor	For M II Behavior Sciences interview course (1985 and 1997)
Preceptor	For M I Interviewing course (1983 and 1984)
Attending Psychiatrist	Wednesday, A.M. General Psychiatry Clinic, Out patient psychiatry, (1985 – 2003)  Clerkship for MIII at the Chesterfield CSB

Post-doctoral Trainees:

Mentor	For PGY1 Resident in Psychiatry (1 per year) until 2002
Psychotherapy Supervisor	For Resident in Psychiatry (1 per year), 1985 to present
Supervisor	For PGY 3 Resident in the Wed. A.M. General Psychiatry Clinic (2 per year) through July 2003
Supervisor	PGY 4 Resident in Psychiatry, Community Psychiatry Rotation (3 per year) at Chesterfield
Supervisor	Child Psychiatry Fellow, Community Psychiatry Rotation at Chesterfield (through 1999)
Mentor	Grand Rounds presentation by PGY 4 resident in psychiatry in the 1994-1995, 2000-2001 and 2002-2003 academic years.
Discussant	Ambulatory Psychiatry Case Conference (once in 1994, twice in 1997)
Discussant	Consult/Liaison literature seminars (2-3 occasions)

## **MAJOR TEACHING ASSIGNMENTS:**

<u>Lecturer:</u>	On "Psychotherapies" for M III clerkship in psychiatry (1984 – 1985)
<u>Lecturer:</u>	Foundations in Clinical Medicine (FCM), Behavioral Sciences Course for MI-MIII, VCU/MCV/SOM, 2004
<u>Lecturer:</u>	Public Psychiatry Seminars for PGY 4 residents in psychiatry (ongoing) VCU/MCV
<u>Lecturer:</u>	Cross-cultural Psychiatry Didactics for PGY 2, and 3 year residents in psychiatry (ongoing) VCU/MCV
<u>Lecturer:</u>	"Scope and Impact of Chronic Mental Illness" for PGY 1 residents (1986-1995), VCU/MCV
<u>Lecturer:</u>	"Treatment of Asian Population" in Didactics for the Psychology Interns, VCU/MCV campus. 2000-2003.
<u>In-services:</u>	Family Support Group and at "Employment Dinner" at Chester House on Request

## **BIBLIOGRAPHY:**

### **PUBLICATIONS:**

1. Levenson, J.L., Asha S. Mishra, Robert M. Hamer and Andrea K. Hastillo. "Denial and Medical Outcome in Unstable Angina." Psychosomatic Medicine, 51:27-35 (1989).
2. Levenson, J.L., Mishra, A.S., R.A. Baurenfeind, and Rea, R.F.: "Lithium Treatment of Mania in patient with Recurrent Sustained Ventricular Tachycardia." Psychosomatics, August 1986, Vol. 27, pp. 594-596.
3. Levenson J.L. and Mishra, A.S.: "Managing Depression in the Elderly Cardiac Patient." Geriatric Medicine Today, Vol. 6, No. 1, January 1997, pp. 79-85.
4. Al-Mateen, C.S., Christian, F.M., Mishra, A.S., Cofield, M., and Tildon, Toni: "Women of Color." In Kornstein, S., and Clayton, A. (eds). Women's Mental Health (pp. 568-583), 2002, NY, Guilford Press.

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## **ABSTRACTS, PAPERS AND OTHER PRESENTATIONS:**

1. Peck, E.A., P. Ettigi, N. Narasimhachari, A. Mishra, and M. L. Stutts. "Neurochemical/Neuroendocrine Findings in Post-Head Injury Onset Depression." Initial findings (six patients) presented as a paper at the 1984 Meeting of the American Congress of Rehabilitation Medicine. Abstract published in the Archives of Physical Medicine and Rehabilitation, October, 1984, Vol. 65, No. 10.
2. Peck, E., P. Ettigi, N. Narasimhachari, M. Stutts, and A. Mishra. "Neuropsychological Neurochemical and Neuroendocrine Finds in Post-Head Injury Onset Depression." Presented as a platform paper at the 13<sup>th</sup> annual meeting of the International Neuropsychological Society at San Diego.
3. Ettigi, P., N. Narasimhachari, E. Peck, A. Mishra, and W. Blackard. "Post-Head Injury Depression: Neurochemical, Neuroendocrine Findings." Abstract published in Psychosomatic Medicine, Vol., 47, No. 1, page 81.
4. Ettigi, P.G., A. Mishra, N. Narasimhachari, E. Peck, and W. Blackard. "Post-Head Injury Depression: Neurochemical, Neuroendocrine Findings." Research reports poster session at the 1985 Annual Meeting of the American Psychosomatic Society (Report on nine patients).
5. Ettigi, P.D., E. Peck, N., Narasimhachari, A. Mishra, and W. Blackard. "Post-Head Injury Depression: Neuroendocrine." Poster presentation at the 1985 Annual Meeting of the Society of Biological Psychiatry (Report on ten patients).
6. Ettigi, P.G., E. Peck, N. Narasimhachari, A. Mishra, and W. Blackard. "Neuroendocrine Abnormalities in Post-Head Injury Depression." Results of nine patients presented as free communication at the XVIth International Congress of International Society of Psycho-Neuro Endocrinology (ISPNE) at Kyoto, Japan.
7. Levenson, J.L., Asha S. Mishra, Robert M. Hamer, A.R. Hastillo. Denial Improves Outcome in Unstable Angina." Paper presented at the 1988 American Psychiatric Association meeting, Montreal., Canada.
8. Mishra, Asha S., MD and John Morgan, Ph.D. Grand Rounds Presentation at the MCV Department of Psychiatry, April 22, 1988 on "The Coming of Age of Community Mental Health."
9. Mishra, Asha S., "Clinical Issues Related to Cross/Cultural Psychiatry." Presentation at the Clinician's Breakfast, May 1990. Sponsored by Poplar Springs Hospital.
10. Mishra, Asha S. "Psychological Aspects of Chronic Physical Illness." Presentation to staff and faculty of Virginia Institute of Pastoral Care. June 1990.
11. Mishra, Asha S. "Medication Education and Issues." Presentation sponsored by the Chesterfield C.S.B.'s Clubhouse, as part of their series on "Tuesday Evening (Education) Programs."

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12. Mishra, Asha S. "Dissociative Disorders." Presentation to staff and faculty of Virginia Institute of Pastoral Care, October 1991.
13. Shelley Klinger, M.D., Cheryl Al-Mateen, M.D., Frances Christian, Ph.D., MSW, LCSW, Asha Mishra, M.D., Neil Sonenklar, M.D., "Teaching Cross-Cultural Psychiatry – An Integrated Approach". Workshop conducted at the May 1992 Annual meeting of American Psychiatric Association, held at Washington, D.C.
14. Mishra, Asha S., M.D., Verda Little, Ph.D., William White, MSW, "Multiple Personality Disorder". Clinical In-Service Training, May 1992 for Clinical and Prevention Services Staff of Chesterfield CSB.
15. Mishra, Asha S., M.D., and Neil Sonenklar, M.D. Workshop on "Perfect Strangers – Psychotherapy Experience with Immigrant Population", May, 1992 in the Conference "ISMS: The Role of Race, Gender, and Culture in the Psychotherapeutic Processes" in Richmond, VA.
16. Mishra, Asha S., M.D., - {Psychiatric Emergencies in the Elderly". Presentation at the 4<sup>th</sup> Annual, Virginia Emergency Services Conference, October, 1992.
17. Mishra, Asha S., M.D.; Carter-Allmond, Joan; Tran, BeBe. "Multi-Cultural Issues to Consider in Crisis Evaluation. Workshop conducted at the 4<sup>th</sup> Annual Virginia Emergency Services Conference" in October, 1992.
18. Mishra, Asha S., M.D., "Biological Therapies for Late Life Depression". Concurrent Session presented 09/93 in conference titled "Depression and the Older Adult" sponsored by the Department of Mental Health, Mental Retardation and Substance Abuse Services.
19. Mishra, Asha S., M.D., When The Ganges meets the Mississippi: Experiences of Asian-Indian Psychiatrists working with Euro-American Clients". Workshop for the Virginia Department of MH/MR/SA Services, February, 1994, during their 1994 Valuing Diversity Initiative.
20. Mishra, Asha S.; Sholar, Bert; Woodhouse, Sarah: "Psycho Pharmacology update: Clinical In-service Training, November, 1996 for Clinical and Prevention Services Staff of Chesterfield CSB.
21. Mishra, Asha S., "The Ganges and the Mississippi" article published in "The Virginia Newsletter of the Psychiatric Society of Virginia, Fall 1997 Edition.
22. Mishra, Asha S., : "The Ganges and the Mississippi—The Cultural Context of the Doctor-Patient Relationship" article published in the IAPA newsletter. "The Forum" #58, May 1998.
23. Mishra, Asha S.; Christian, Frances S.: "Cross-Cultural Issues in Clinical Care" presented as Medical Grand Rounds at the McGuire Veteran's Administration Medical Center, April 1998.
24. Mishra, Asha S.: "Overview of Psychotropic Medications". Presentation at the Chesterfield Family Support Group Workshop Series, June 1998.

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25. Mishra, Asha S.: "Update on Atypical Antipsychotics". Presentation to the members of the Chesterfield Community Services Board at the September Board Meeting.
26. Mishra, Asha S.: "So You Want to be a Psychiatrist: Cross-Cultural Perspectives on Choice of Psychiatry as a Career". Grand Rounds Presentation to the Dept. of Psychiatry at Lady Hardinge Medical College and Hospital, New Delhi, India, August 1999.
27. Mishra, Asha S., "Depression in the Primary Care Setting". Presentation to Primary Care Providers of the Tri-Cities Area, February 2000.
28. Mishra, Asha S., "Different Strokes for Different Folks: Perspective on the Teaching of Cross-Cultural Psychiatry". Presentation at the annual Indo-American Psychiatric Association's Meeting, May 2000.
29. Mishra, Asha S.; Hill, Lynn: "Aging Vintage or Vinegar". Brown Bag Lunch Presentation to Chesterfield CSB, June 2000.
30. Mishra, Asha S., "When the Caregiver Needs Care Taking – Issues in Treatment of Mood Disorders in Women". Presentation Women Primary Care Providers of the Midlothian Area, September 2000.
31. Mishra, Asha S.; Vaughan-Branch, K.; Calloway, M.: "The Elderly in Crisis: Assessment, Clinical Implications, Alternatives and the Roles of APS and Mental Health". Workshop at the Emergency Services Conference, October 2000.
32. Mishra, Asha S., "Life Outside Eden: Role of Hormones in Mood Disorders in Women". Presentation at the First Women's Complementary Health Forum sponsored by the Community Leadership Network of Fauquier County, September 2000.
33. Mishra, Asha S., "Close Encounters of the Cultural King" The Experience of Immigrant Professional Women. Presentation at the Chesterfield Branch of the American Association of University Women, March 2001.
34. Mishra, Asha S., "Clinical Considerations in Treatment of Anxiety Disorders". Presentation to Primary Care Providers in the Tri-City Area, April 2001.
35. Mishra, Asha S.; Hoffman, J.; Torres, P.; "Close Encounters of the Spiritual Kind: Is There Room for Spirituality in Clinical Practice". Panel Presentation at the May 2001 Meeting of Richmond Psychiatric Society.
36. Mishra, Asha S., "Different Strokes for Different Folks – Practicing Culturally Congruent Care." Grand Rounds, Nov. 2002, Clinical and Prevention Services Team, Chesterfield CSB.
37. Mishra A.: "Atypical Antipsychotics: Highlights from the APA Meeting." Presentation to Medical Services Staff, Chesterfield CSB.