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MEDICAL EDUCATION AND TRAINING:

Residency: Department of Psychiatry, Indiana University School of
Medicine. 07/01- 06/05

Medical School: Seth G.S. Medical College and K.E.M. Hospital
Mumbai, India. 1989-1995

WORK EXPERIENCE:

Assistant Professor: Department of Psychiatry, Virginia Commonwealth University-
Medical College of Virginia. 10/05-Present

Clinical Research Associate: Department of Psychiatry, New York University School of
Medicine and Manhattan Psychiatric Center. 10/98- 06/01

Medical Officer: K. B. Bhabha Hospital, Bombay, India. 07/95-10/96

RESEARCH:

“Efficacy of Olanzapine in Schizophrenic patients with poor response to traditional
neuroleptics”, Smith et al., New York University, New York. 10/98-02/00

“Effects of Smoking and Nicotine on Negative and Positive symptoms and
Neurocognitive functioning in Schizophrenia”, Smith et al., New York University, New
York. Current

“Comparative effects of Olanzapine, other atypical antipsychotics and conventional
antipsychotics on Glucose and Lipids in Schizophrenic and Bipolar I psychotic patients”,
Robert C.Smith, J.P.Lindenmayer et al., New York University, New York. 10/00-6/03

RESEARCH PAPERS:

Robert C. Smith, M.D., Ph.D., M Infante, M.D., Abhay Singh, M.D., **Khandat Amaresh, M.D.** , “The effects of olanzapine on neurocognitive functions in medication-refractory schizophrenia.”

The International Journal Of Neuropsychopharmacology, Vol 4- Issue 3- September 2001, pp 239-250.

Robert C. Smith, M.D., Ph.D., Abhay Singh, M.D., M Infante, M.D., **Khandat Amaresh, M.D.**, Angelica Kloos B.S., “Effects Of Cigarette Smoking And Nicotine Nasal Spray On Psychiatric Symptoms And Cognition In Schizophrenia.”

Neuropsychopharmacology , August 2002-Vol. 27, No.3.

Robert C. Smith, M.D., Ph.D., Jean-Pierre Lindenmayer M.D., Nigel Bark, M.D., Jessy Warner-Cohen, Sumathi Vaidhyanathaswamy M.D., **Amaresh Khandat, M.D.**, “Clozapine, Risperidone, Olanzapine, and Conventional Antipsychotic Drug Effects on Glucose, Lipids, and Leptin in Schizophrenic Patients.”

The International Journal Of Neuropsychopharmacology, 2005 Jun;8(2):183-94.

ABSTRACTS, LETTERS AND POSTERS:

Smith, R.C., Singh, A., **Khandat, A.**, Infante, M., Ali, A., “Effects of Smoking and Nicotine Nasal Spray on Positive and Negative Symptoms and Neurocognitive Functioning in Schizophrenia.”

The International Journal Of Neuropsychopharmacology, Volume 3, Supplement 1, July 2000, page S118.

Neuropsychopharmacology, Volume 23, Number S2, August 2000, page S150.

Smith, R.C., Lindenmeyer, J.P., Singh, A., Parker, B., Kotsaftis, A., **Khandat, A.**, “Hyperglycemia In Schizophrenic Patients Treated With Olanzapine.”

The International Journal Of Neuropsychopharmacology, Volume 3, Supplement 1, July 2000, page S151.

Smith, R.C., **Khandat, A.**, Singh, A., Infante, M., “Effects Of Olanzapine vs Haloperidol On Plasma Prolactin In Chronic Schizophrenic Patients.”

Neuropsychopharmacology, Volume 23, Number S2, August 2000, page S150.

Biological Psychiatry, Volume 49, Number 85, April 2001, page 132S.

Smith, R.C., Singh, A., **Khandat, A.**, Infante, M., Ali, A., “Effects of Smoking and Nicotine Nasal Spray on Positive and Negative Symptoms and Neurocognitive Functioning in Schizophrenia.”

Abstract presented at the **American College of Psychopharmacology (ACNP)** 38th annual meeting, Mexico, December 1999.

Abstract presented at the **College of International Neuropsychopharmacology (CINP)** annual meeting, Belgium, July 2000.

Smith, R.C., Lindenmeyer, J.P., Singh, A., Parker, B., Kotsaftis, A., **Khandat, A.**, “Hyperglycemia In Schizophrenic Patients Treated With Olanzapine.”

Abstract presented at the **College of International Neuropsychopharmacology (CINP)** annual meeting, Belgium, July 2000.

Smith, R.C., Singh, A., Infante, M., **Khandat, A.**, Oza, G., “Effects Of Olanzapine vs Haloperidol On Plasma Prolactin In Chronic Schizophrenic Patients.”

Abstract presented at the **Second International Congress on Hormones, Brain and Neuropsychopharmacology**, Greece, July 2000.

Smith, R.C., Lindenmeyer, J.P., **Khandat, A.**, Singh, A., “Hyperglycemia In Schizophrenic Patients Treated With Olanzapine And Clozapine.”

Abstract presented at the **American College of Neuropsychopharmacology (ACNP)** 39th annual meeting, San Juan, PR, December 2000.

Abstract presented at the **American Psychiatric Association (APA)** annual meeting, New Orleans, LA, May 2001.

Smith, R.C., Mauricio, I., Singh, A., **Khandat, A.**, “Olanzapine’s Effect On Neurocognitive Function In Medication Refractory Schizophrenia.”

Abstract presented at the **NY State Office of Mental Health, 13th Annual Research Conference**, December 2000.

Jean-Pierre Lindenmayer, M.D., Robert C. Smith, M.D., Ph.D., Abhay Singh, M.D., Benedicto Parker, M.D., Antonis Kotsaftis, Ph.D., **Amaresh Khandat, M.D.**, “Hyperglycemia in Patients Treated With Atypical Antipsychotics.”

Paper presented at the **NY State Office of Mental Health, 13th Annual Research Conference**, December 2000.

Amaresh Khandat, M.D., Robert C. Smith, M.D., Ph.D., Angelica Kloos, B.A., Abhay Singh, M.D., Muhammad Wahab, M.D., “Effects of Smoking and Nicotine on Cognitive Function in Schizophrenia.”

Abstract presented at the **American College of Neuropsychopharmacology (ACNP)** 40th annual meeting, Hawaii, December 2001.

Abstract presented at the **NY State Office of Mental Health, 14th Annual Research Conference**, December 2001.

Robert C. Smith, M.D., Ph.D., Jean-Pierre Lindenmayer, M.D., **Amaresh Khandat, M.D.**, Muhammad Wahab, M.D., Prathima Bodala, M.D., John Rosenberger, M.D., “A Prospective Study of Glucose and Lipid Metabolism with Atypical and Conventional Antipsychotics”.

Abstract presented at the **American College of Neuropsychopharmacology (ACNP)** 40th annual meeting, Hawaii, December 2001.

Abstract presented at the **NY State Office of Mental Health, 14th Annual Research Conference**, December 2001.

Robert C. Smith, M.D., Ph.D., Jean-Pierre Lindenmayer, M.D., M. Khan, M.D., **Amaresh Khandat, M.D.**, Prathima Bodala, M.D., “A Prospective Cross- Sectional Study of Glucose and Lipid Metabolism with Atypical and Conventional Antipsychotics”.

Biological Psychiatry, Volume 51, Number 8S, April 2002, page 42S.

R.C. Smith, M.D., Ph.D., **A. Khandat, M.D.**, A. Singh, M.D., A. Kloos, B.A., “ Effects Of Smoking And Nicotine On Cognitive Function In Schizophrenia”.

Biological Psychiatry, Volume 51, Number 8S, April 2002, page 62S.

Amaresh B Khandat, M.D., John I. Nurnberger Jr, M.D., Ph.D., Anantha Shekhar, M.D., Ph.D., “ Possible mirtazapine induced rhabdomyolysis.”

Annals of Pharmacotherapy , July 2004.

PROFESSIONAL MEMBERSHIPS:

American Psychiatric Association, and
Indo-American Psychiatric Association.

ADDITIONAL PRACTICE LOCATIONS:

District 19 Community Services Board:

1. 20 West Bank Street, Suite 6, Petersburg, VA 23803,
2. 13902 Courthouse Road, Dinwiddie, VA 23841,
3. 6610 Commons Drive, Suite 103, Prince George, VA 23875,

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4. 474 Colonial Trail West, P.O. Box 296, Surry, VA 23883, and
 5. 232 Coppahaunk Avenue, Waverly, VA 23890.
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