

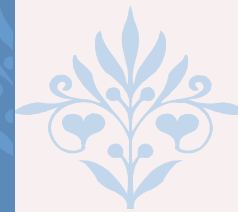
# PBS...Positive Behavior Support Facilitator Project

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# Positive Behavior Support Facilitator Project



*Sponsored by:*

Partnership for People with Disabilities at VCU  
Virginia Autism Resource Center at Grafton School

*In cooperation with:*

Virginia Department of Mental Health, Mental Retardation,  
and Substance Abuse Services, Office of Mental Retardation

Virginia Board for People with Disabilities  
Virginia Department of Medical Assistance Services

## What is Positive Behavior Support?

- ◆ A comprehensive approach to behavior change that combines principles and practices from applied behavior analysis, the inclusion and self-determination movements, and person-centered planning and values.
- ◆ A research-based approach that teaches people with challenging behaviors, and the people who support them, new skills that promote successful living in community settings.
- ◆ A practice with the primary goal of improving the quality of life of individuals with challenges, while reducing or eliminating problem behaviors.
- ◆ A support that is applicable across settings and with diverse populations.

## How is PBS Provided? What Does a Facilitator Do?

For more than a decade, providers have supported individuals with disabilities using PBS practices. A PBS Facilitator works with individuals and other team members to provide support.

A PBS Facilitator:

- ◆ Gets to know the individual, support team members, and staff of agencies that provide support
- ◆ Supports teams through a person-centered planning process
- ◆ Teaches teams how to assess behavior and complete a Functional Behavior Assessment
- ◆ Assists teams in learning how to analyze behavioral data
- ◆ Facilitates teams to collaborate on developing a positive behavior support plan
- ◆ Teaches families and support providers to implement positive behavior interventions
- ◆ Reviews, evaluates, and revises plans



## How Do I Become a PBS Facilitator?

Practitioners who want to become PBS Facilitators can participate in training and mentoring sessions. The STANDARD application process includes:

- ◆ Completion of PBS Facilitator training sessions — 8 days over a six month period (training sessions are regularly scheduled).
- ◆ Completion of 24 hours of mentoring — over the course of a year, beginning with the first training session date.

Some practitioners have been providing PBS on an ongoing basis and can document their knowledge and skills without training and mentoring. A process of endorsement through the EXPEDITED (advanced) application is also available.

Practitioners who are interested in being endorsed as a PBS Facilitator must have:

- ◆ A Bachelors degree in a human services or related field
- ◆ Worked for three out of the past five years supporting individuals with disabilities who exhibit challenging behavior
- ◆ Liability insurance through employer or a private insurance company for the provision of behavioral consultation services
- ◆ Demonstrated knowledge, skills, and abilities in PBS
- ◆ Completed a portfolio documenting required items
- ◆ An interview with the Endorsement Board

## How can I find out more about the PBS Facilitator project?

This project is a collaborative effort among several agencies and is housed at the Partnership for People with Disabilities at VCU. A preliminary website has been established and will be updated with additional information in the near future. You can access the project's website at [www.vcu.edu/partnership/pbs](http://www.vcu.edu/partnership/pbs).

