
Program Name:	Therapeutic Recreation Programs
Address:	Virginia Beach Department of Parks and Recreation Therapeutic Recreation Programs 2289 Lynnhaven Parkway Virginia Beach, Virginia 23456
Telephone:	757/471-5884 FAX 757/471-2330
Contact Person(s):	Kathy Williams, Recreation Specialist II, CTRS Janet Dell, Recreation Specialist I, CTRS Carolyn Stark, Recreation Specialist I, CTRS Corinne Norman, Recreation Specialist I, CTRS Crystal Brown, Office Assistant
Type of Service:	Recreation and skill development programs (center-based, community based, summer camps)
Location Served:	Tidewater area
Population Served:	Serving individuals with severe and profound disabilities, mental retardation, learning disabilities, autism, moderate behavioral and emotional disorders, attention deficit/hyperactivity disorder, traumatic brain injuries, visual, hearing and/or physical impairments
Ages Served:	Age 1 and older
Fee Schedule:	Fees vary depending upon program
Program Description:	Therapeutic Recreation, as a profession, uses treatment, education, and recreation services to help people with illnesses, disabilities and other conditions to develop and use their leisure in ways to enhance their health, independence and well being. The City of Virginia Beach, Parks and Recreation, Therapeutic Recreation Programs mission is to enrich quality of life by promoting and providing access to opportunities that offer skill development, leisure education and participation through therapeutic recreation activities

for individuals with disabilities or who are experiencing life challenges.

See the current Virginia Beach Parks and Recreation Guide for the list of programs being offered.